

## WHEN

Tuesday, November 4, 2025  
10:00am - 2:00pm

## WHERE

### The Parcel

6469 W. County Road 100 N.  
New Castle, IN 47362

## WHAT

Learning wellness skills, lunch, and engagement activities in honor of National Caregiver Month

## SCHEDULE

- 10:00am: Doors open
- 10:15am-10:30am: Welcome and introductions
- 10:30am-12pm: Melanie Fauth, BSN, RN,  
Co-Owner, *Ignite Wellbeing*
- 12:00pm-12:45pm: Lunch
- 12:45pm-1:45pm: Cake pop decorating activity  
*with Chocolate Drizzle*  
Health assessments  
*with Ball State Nursing*
- 1:45pm-2:00pm: Overview of LS Caregiver  
Programs and closing remarks

## INFORMATION

[stepin@lifestreaminc.org](mailto:stepin@lifestreaminc.org)  
765-759-1121 ext. 101 or 121  
[lifestreaminc.org/NCMevents](http://lifestreaminc.org/NCMevents)



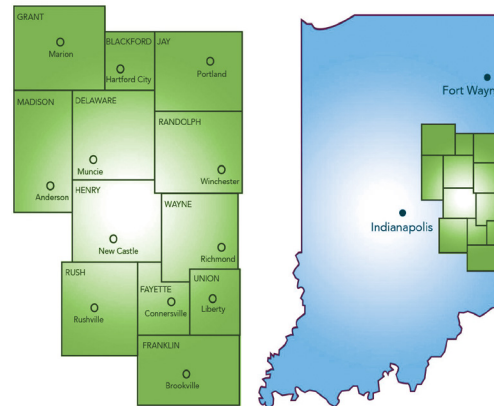
## Who We Are

LifeStream Services is East Central Indiana's Aging and Disability Resource Center and Area Agency on Aging. LifeStream provides programs and services to help older adults, people with disabilities and caregivers remain independent and active in their homes and communities.



## Our Mission

To provide the right information, resources, and support for improving quality of life and maintaining independence for older adults, those with disabilities, and caregivers.



## Connect With Us

- 800-589-1121
- [lifestreaminc.org](http://lifestreaminc.org)
- [facebook.com/lifestreamservices](https://facebook.com/lifestreamservices)

LifeStream Services presents

# From Surviving to Thriving: Wellness Skills for Family Care Partners



**STEP in**  
LIFESTREAM CAREGIVER PROGRAMS  
a program of *LifeStream*

Learn more and sign up at  
[lifestreaminc.org/stepin](http://lifestreaminc.org/stepin)  
or call 765-759-1121

# Registration

**Please submit your registration by October 30 to secure your spot for our Caregiver event.** Questions? Please contact

Angie Jenkins at 765-759-1121 ext. 121 or [ajenkins@lifestreaminc.org](mailto:ajenkins@lifestreaminc.org)

Name: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

## Registration Options:

*Fee covers meal, speaker, and caregiver activities*

- The Parcel**, 6469 W. County Road 100 N., New Castle  
Tuesday, November 4<sup>th</sup> 10am-2pm

*I am...*

- A caregiver or care partner caring for a loved one**  
- Cost sponsored by LifeStream
- A professional serving caregivers and care partners**  
- \$10, Please note that CEUs will not be offered
- 
- Activities & Engagement:** *I will be bringing a person with care needs to spend time in activities and engagement*

## Payment:

Total: \$ \_\_\_\_\_

- Credit Card     Cash     Check

Name: \_\_\_\_\_

Card #: \_\_\_\_\_

Code: \_\_\_\_\_ Exp.: \_\_\_\_\_

*Please note we do not accept American Express. Make checks payable to LifeStream Services. Completed forms should be sent to 1701 Pilgrim Blvd., Yorktown, IN 47396*

Register online at [lifestreaminc.org/NCMevents](http://lifestreaminc.org/NCMevents)

## Event Information

LifeStream Services invites you to join us for our 2025 National Caregiver Month event! This event recognizes caregivers and care partners for all they do and provides an opportunity for them to take time for themselves while connecting and engaging with other caregivers.

This year, keep your mind and body golden with Melanie Fauth, BSN, RN, and co-founder of Ignite Wellbeing. Melanie will be sharing practical tips for how to care for yourself while you also care for a loved one. Becoming certified in Mind Body Medicine underscored for Melanie that every individual can be empowered to help heal themselves through stress if taught evidence-based skills. With over 3,800 people reached, it is apparent that these skills create a different way to be present in the room you're in, and in your life!



**Melanie Fauth, BSN, RN**

## Cost to register:

*Fee covers meal, speaker, and caregiver activities.*

Caregivers/Care Partners: Cost sponsored by LifeStream

Professionals: \$10

*Want more information about the event? Please reach out to our Caregiver Team, at [stepin@lifestreaminc.org](mailto:stepin@lifestreaminc.org) or (765) 759-1121 ext. 101 or 121*

**To register for this event, scan the QR code. For information about LifeStream Services, additional resources, and upcoming events, visit [lifestreaminc.org](http://lifestreaminc.org)**



Scan to register!