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FOR IMMEDIATE RELEASE

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## **ALEXANDRIA MEAL SITE TO DISCONTINUE LUNCH SERVICE THROUGH LIFESTREAM PROGRAM**

ALEXANDRIA, IN – Essential Senior Health & Living, “The Hub,” in Alexandria will no longer be serving lunch through LifeStream’s senior community café program after January 1, 2025.

Essential Senior Health & Living served lunch every Monday from 11–11:30 a.m. in “The Hub” located at 800 N. Central Ave., Alexandria, IN 46001. Madison County has four other locations that will continue to serve lunch throughout the weekdays. Find another community meal site near you by visiting [lifestreaminc.org/nutrition](http://lifestreaminc.org/nutrition).

LifeStream has 21 senior community cafés throughout 12 counties in Indiana. Lunch is provided on a donation basis (suggested donation of \$2.50) to those who are 60 years of age and over and their spouse. Meals are provided to those below the age of 60 for a small fee of \$6.50. Reservations to eat lunch at a café must be made at least one business day in advance by calling the site you plan to attend or call (800) 589-1121.

LifeStream’s mission is to provide the right information, resources, and support for maintaining independence and improving quality of life for older adults, those with disabilities, and caregivers. LifeStream fulfills their mission by providing a number of programs and services including transportation, in-home care management, home-delivered meals, caregiver support, and much more for older adults, people with disabilities, and caregivers in twelve counties throughout East Central Indiana. Learn more at [lifestreaminc.org](http://lifestreaminc.org) or call (800) 589-1121.

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*LifeStream is an Area Agency on Aging that works to provide the right information, resources and support for improving the quality of life and maintaining independence for older adults, those with disabilities, and caregivers. LifeStream serves over 19,000 people throughout 12 counties in Indiana including Blackford, Delaware, Fayette, Franklin, Grant, Henry, Jay, Madison, Randolph, Rush, Union, and Wayne. Programs and services include care management, transportation, in-home care, senior café sites, home-delivered meals, guardianships, caregiver support, home modifications, information and assistance, volunteer opportunities and more. For more about the organization call (800) 589-1121 or visit online at [www.lifestreaminc.org](http://www.lifestreaminc.org) and follow on Facebook at [www.facebook.com/lifestreamservices](https://www.facebook.com/lifestreamservices).*