

LifeStream Menu

June 2024



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	4	5	6	7
<i>New!</i> Honey Mustard Chicken Potato Wedges Mixed Vegetable Blend Hamburger Bun Oatmeal Cookie Milk Diet - Vanilla Wafers Ketchup Cal: 808 Sodium: 976	Teriyaki Meatballs Parslied Rice Green Peas Japanese Vegetable Blend Milk Fortune Cookie Cal: 660 Sodium: 828	Sloppy Joe Baked Beans Parslied Carrots Hamburger Bun Fresh Fruit Milk Cal: 789 Sodium: 1013	Mozzarella Chicken Penne Pasta Tuscany Vegetable Blend Tossed Salad Rice Krispie Treat Milk Salad Dressing Cal: 671 Sodium: 992	Ham & White Beans Sweet Potatoes Green Beans w/Tomatoes Saltine Crackers Peanut Butter Pudding Milk Diet - SF Pudding Cal: 739 Sodium: 1147
10	11	12	13	14
Cheese Omelet Hashbrowns Biscuit Hot Applesauce Milk Assorted Jelly Cal: 745 Sodium: 1245	Swedish Meatballs Egg Noodles Green Peas Carrots Fresh Fruit Milk Cal: 701 Sodium: 832	Tarragon Chicken Breast Whipped Potatoes Broccoli Wheat Dinner Roll Fresh Fruit Milk Cal: 545 Sodium: 725	<i>New!</i> Pizza Casserole California Vegetable Blend Tossed Salad Whole Grain Bread <i>New!</i> Pineapple Cobbler Milk Salad Dressing Margarine Diet - Hot Pineapples Cal: 738 Sodium: 941	Pork Fried Rice Whole Kernel Corn <i>New!</i> Asian Green Beans Nuttu Budy Bar Milk Cal: 616 Sodium: 645
17	18	19	20	21
Chicken Piccata Seasoned Pasta Spring Vegetable Blend Wheat Dinner Roll Butter Sugar Cookie Milk Diet - Lorna Doone Cookies Cal: 572 Sodium: 782	Herb Crusted Pork Loin Scalloped Potatoes Green Beans Whole Grain Bread Oreo Cookies Milk Margarine Cal: 646 Sodium: 643	Closed for Holiday	Fajita Chicken Charro Beans Stewed Tomatoes Flour Tortilla Lemon Bar Milk Diet - Vanilla Wafers Cal: 681 Sodium: 803	A-1 Chopped Steak Whipped Potatoes Broccoli Whole Grain Bread Fresh Fruit Milk Margarine Cal: 590 Sodium: 660
24	25	26	27	28
<i>New!</i> Chicken Calabacita (Chicken & Squash) Broccoli Flour Tortilla Fresh Fruit Milk Cal: 628 Sodium: 525	Spaghetti Bake Green Peas Tossed Salad Saltine Crackers Apple Cobbler Milk Salad Dressing Diet - Hot Apple Slices Cal: 737 Sodium: 791	Bacon & Cheese Egg Patty Hashbrowns Cinnamon Raisin Oatmeal Fresh Fruit Milk Cal: 629 Sodium: 829	BBQ Chicken Breast Whipped Sweet Potatoes Green Beans Wheat Dinner Roll Nuttu Buddy Bar Milk Margarine Cal: 559 Sodium: 882	Cheeseburger Baked Beans Glazed Carrots Hamburger Bun Chocolate Chip Cookie Milk Diet - Graham Crackers Cal: 905 Sodium: 1139

Menus subject to change


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LifeStream Picnic Menu

June 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	4	5	6	7
Sliced Ham Swiss Cheese Lettuce & Tomato Carrot Raisin Salad Whole Grain Bread (2) Oatmeal Raisin Cookie Milk Diet - Vanilla Wafers Cal: 695 Sodium: 1403	Chicken Salad Pasta Salad Marinated Tuscany Salad Saltine Crackers Fortune Cookie Milk Cal: 613 Sodium: 654	Tuna Salad Tossed Salad Broccoli Raisin Salad Whole Wheat Bread (2) Fresh Fruit Milk Cal: 589 Sodium: 698	Chicken Chef Salad Garbanzo Bean Pasta Salad Saltine Crackers Rice Krispie Treat Milk Ranch Salad Dressing Cal: 537 Sodium: 683	Sliced Turkey Breast Provolone Cheese Lettuce & Tomato Potato Salad Hamburger Bun Peanut Butter Pudding Milk Diet - SF Chocolate Pudding Cal: 671 Sodium: 1415
10	11	12	13	14
Grilled Chicken Strips Lettuce & Tomato Marinated Zucchini Black Bean Barley Salad Flour Tortilla Hot Applesauce Milk Ranch Salad Dressing Cal: 722 Sodium: 733	Ham & Chicken Chef Salad Fresh Fruit Saltine Crackers Fig Bar Cookie Milk Assorted Salad Dressing Diet - Graham Crackers Cal: 638 Sodium: 837	Deviled Egg Salad Macaroni Salad California Vegetable Salad Hamburger Bun Fresh Fruit Milk Cal: 799 Sodium: 1392	Sliced Turkey Breast Provolone Cheese Lettuce/Tomato/Onion California Vegetable Salad Hoagie Bun <i>New!</i> Pineapple Cobbler Milk Diet - Hot Pineapples Cal: 632 Sodium: 1306	Tuna Salad Lettuce & Tomato Pineapple Tidbits Whole Wheat Bread (2) Nutty Buddy Bar Milk Cal: 610 Sodium: 704
17	18	19	20	21
Tzatziki Turkey Salad Marinated Zucchini Fruit Salad Pita Bread Sugar Cookie Milk Diet - Lorna Doone Cookies Cal: 830 Sodium: 887	Sliced Ham Swiss Cheese Lettuce & Tomato Apple Confetti Coleslaw Whole Wheat Bread (2) Oreo Cookies Milk Cal: 669 Sodium: 1341	Closed for Holiday	Lemon Pepper Tuna Salad Lettuce & Tomato Potato Salad Multi-Grain Bread Lemon Bar Milk Diet - Vanilla Wafers Cal: 678 Sodium: 1170	Chicken Chef Salad Cucumber Salad Wheat Dinner Roll Fresh Fruit Milk Assorted Salad Dressing Cal: 573 Sodium: 616
24	25	26	27	28
Crab Salad Macaroni Salad Tossed Salad Saltine Crackers Fresh Fruit Milk Ranch Dressing Cal: 561 Sodium: 1170	Sliced Turkey Breast Swiss Cheese Spinach Salad Marinated Tuscany Salad Whole Grain Bread (2) Apple Cobbler Milk Diet - Hot Apple Slices Cal: 689 Sodium: 1287	Chicken Caesar Salad Green Pea Salad Wheat Dinner Roll Fresh Fruit Milk Cal: 747 Sodium: 981	Grilled Chicken Strips Lettuce & Tomato Black Bean Barley Salad Flour Tortilla Nutty Buddy Bar Milk Ranch Salad Dressing Cal: 711 Sodium: 748	Dill Egg Salad Lettuce & Tomato Pasta Salad Whole Wheat Bread (2) Chocolate Chip Cookie Milk Diet - Graham Crackers Cal: 802 Sodium: 628

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