

LifeStream Services - Area 6

Community Assessment Survey for Older Adults

February 2023



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Section 1: Introduction

Introduction

About the Community Assessment Survey for Older Adults™

The Community Assessment Survey for Older Adults (CASOA)™ provides a statistically valid survey of the strengths and needs of older adults as reported by older adults themselves. This report is intended to enable local governments, community-based organizations, the private sector and other community members to understand more thoroughly and predict more accurately the services and resources required to serve an aging population. With this data,

community stakeholders can shape public policy, educate the public and assist communities and organizations in their efforts to sustain a high quality of life for older adults.

Objectives

- Identify community strengths to support successful aging
- Articulate the specific needs of older adults in the community
- Estimate contributions made by older adults to the community
- Develop estimates and projections of resident need in the future

Methods

- Random sample of older adult households
- Multi-contact method mailed and online survey
- Data statistically weighted to reflect older adult population

Goals

Immediate

Make more informed decisions in:

- Planning
- Resource allocation and development
- Advocacy
- Engagement

Intermediate

Create and offer:

- Programs to meet community needs
- Better-quality programs
- More effective policies

Long-term

Support a community of older adults that is:

- Healthier
- More engaged
- More empowered
- More independent
- More productive
- More vibrant

The results of this exploration will provide useful information for planning and resource development as well as strengths advocacy efforts and stakeholder engagement. The ultimate goal of the assessment is to create empowered communities that support vibrant older adult populations.

This report summarizes how older residents view their community and its success in creating a thriving environment for older adults. Aspects of livability are explored within six community dimensions: Community Design,

Employment and Finances, Equity and Inclusivity, Health and Wellness, Information and Assistance, and Productive Activities. Overall community quality also is assessed.

Domain of Community **Community Livability Livability Topics** Description Measuring community livability starts with assessing the · Place to Live and Retire quality of life of those who live there, and ensuring that Recommend and Remain the community is attractive, accessible, and welcoming **Overall Community** in Community to residents of all ages. Quality A well-designed community enhances the quality of life Housing for its residents by encouraging smart land use and zoning, ensuring that affordable housing is accessible to · Mobility all, and providing mobility options to support residents • Land Use **Community Design** aging in place. Communities that work to foster sustainable growth, create jobs and workforce training for persons of all • Employment ages, and promote equitable economies ensure older Finances adults are able to sustain their financial well-being **Employment and** through retirement and not outlive their life investments. **Finances** A community is often greater than the sum of its parts. • Equity Having a sense of community entails not only a sense of membership and belonging, but also feelings of safety · Community Inclusivity **Equity and** and trust in the other members of the community. Inclusivity Safety · Physical Health The amenities available in the communities have a direct impact on the health and wellness of residents, and thus, · Mental Health on their quality of life overall. Health and · Health Care Wellness Independent Living Quality of Older Adult Government programs, policies and information Services assistance can support successful aging initiatives allowing older residents to remain independent • Information on Available Information and contributors to community quality. Older Adult Services **Assistance** Productivity is the touchstone of a thriving old age. · Civic Engagement Older adults' engagement and contribution to the community can be determined by their time spent in · Social Engagement civic meetings and social activities or providing help to **Productive** Caregiving

Survey Methods

Activities

The CASOA survey instrument and its administration are standardized to assure high-quality survey methods and comparable results across communities. Households with an adult member 60 years or older were selected at random. Multiple mailed contacts gave each household more than

one prompt to participate. A total of 7363 older adult households were randomly selected to receive the survey. These households first received a halfpage postcard inviting them to complete the survey online, followed by a mailed hard copy survey packet which included a cover letter, a copy of the questionnaire and a postage-paid return envelope. A total of 523 completed surveys was obtained, providing an overall response rate of 7.36% and a margin of error plus or minus 4.29% around any given percent and one point around any given average rating for the entire sample (e.g., average number of caregiving hours).

In addition to the random sample "probability" survey, an open participation survey was conducted, in which all older adults 60 years or older were invited to participate. The open participation survey instrument was identical to the probability sample survey. This survey was conducted entirely online. A total of 20 surveys were completed by open participation survey respondents. The open participation survey results were combined with responses from the probability sample survey, for a total of 543 completed surveys. With the inclusion of the open participation survey participants, it is likely that the precision of the responses would be even greater (and thus the margin of error smaller).

Results were statistically weighted to reflect the proper demographic composition of older adults in the entire community.

Since this was the 3rd implementation of CASOA in LifeStream Services - Area 6, the current results are presented along with the prior results when available. Differences in responses between the survey administrations were tested for statistical significance, and statistically significant differences are noted in the charts. Trend data represent important comparisons and should be examined for improvements or declines.

For additional details on the survey methodology, see the Methods section.

How the Results Are Reported

Don't Know Responses and Rounding

On many of the questions in the survey, respondents could provide an answer of don't know. The proportion of residents giving this reply can be seen in Responses. However, these responses have been removed from the analyses

presented in the body of the report, unless otherwise indicated. In other words, the majority of the tables and graphs in the body of the report display the responses from respondents who had an opinion about a specific item.

For some questions, respondents were permitted to select multiple responses. When the total exceeds 100% in a table for a multiple response question, it is because some respondents are counted in multiple categories. When a table for a question that only permitted a single response does not total to exactly 100%, it is due to the customary practice of rounding percentages to the nearest whole number.

Benchmark Comparison Data

National Research Center at Polco has developed a database that collates responses to CASOA and related surveys administered in other communities, which allows the results from LifeStream Services - Area 6 to be compared against a set of national benchmarks. This benchmarking database includes responses from more than 35,000 older adults (age 55 and over) in over 322 communities across the nation.

Ratings are compared when similar questions are included in Polco's database and when there are at least five other communities in which the question was asked. Where comparisons for ratings are available, LifeStream Services - Area 6's results are shown as more favorable than the benchmark, less favorable than the benchmark or similar to the benchmark. In instances where ratings are considerably more or less favorable than the benchmark, these ratings have been further demarcated by the attribute of "much" (for example, much more favorable or much less favorable).

Section 2: Key Findings

Key Findings

Background

Most older adults desire to age in place. Communities that assist older adults in remaining or becoming active community participants must provide the requisite opportunities for recreation, transportation, culture, education, communication, social connection, spiritual enrichment and health care.

To better understand the strengths and challenges of Indiana communities aging in place, the Indiana Association of Area Agencies on Aging, Inc. (IAAAA) partnered with Polco to administer its third iteration of The Community Assessment Survey for Older Adults (CASOATM) across all Areas Agencies on Aging across the state. The survey was conducted previously in 2013 (baseline) and 2017. Data in this report focus specifically on older residents in the LifeStream Services - Area 6 service area.

Survey participants rated the overall quality of life in their community. They also evaluated their communities as livable communities for older adults within six domains:

- · Community Design
- Employment and Finances
- Equity and Inclusivity
- Health and Wellness
- Information and Assistance
- Productive Activities.

The extent to which older adults experience challenges within these domains is also described.

Overall Community Quality

Measuring community livability for older adults starts with assessing the quality of life of those who live there, and ensuring that the community is attractive, accessible, and welcoming to all. Exploring how older residents view

their community overall and how likely they are to recommend and remain in their communities can provide a high-level overview of the quality and livability of the community.

- About 7 in 10 of older residents living in the region rated their overall quality
 of life as excellent or good. Most of the older respondents scored their
 communities positively as a place to live and would recommend their
 communities to others. More than 8 in 10 residents planned to stay in their
 community throughout their retirement.
- Older residents gave somewhat lower scores to their communities as places to retire (55% excellent or good) than they did the overall quality of life in their community (62%).

Overall Scores of Community Livability

The Community Assessment Survey of Older Adults (CASOA) is designed to examine the status of older adults and the community around many (17) aspects of livability within six domains: Community Design, Employment and Finances, Equity and Inclusivity, Health and Wellness, Information and Assistance, and Productive Activities. Summary scores of community livability were created through the aggregation of a series of resident ratings within each of these different livability domains. The livability areas found to be strongest in the region related to areas of Safety (average positive score of 65), Mobility (57), and Physical Health (49). The areas showing the greatest need for improvement related to lowest Mental Health (positive score of 27), Employment (27) and Independent Living (29). More detailed information about each livability domain follows.

Community Design

Livable communities (which include those with mixed-use neighborhoods, higher-density development, increased connections, shared community spaces and more human-scale design) will become a necessity for communities to age successfully. Communities that have planned and been designed for older adults tend to emphasize access, helping to facilitate movement and participation.

 About 5 in 10 respondents rated the overall quality of the transportation system (auto, bicycle, foot, bus) in their community as excellent or good. Ease of travel by car was considered excellent or good by 83% of respondents, while ease of travel by walking was considered excellent or good by only 54% of respondents.

- When considering aspects of housing (affordability and variety) and community features of new urbanism (where people can live close to places where they can eat, shop, work, and receive services), relatively lower scores were given by older adults compared to many other items on the survey. Only 36% of respondents gave a positive score to the availability of affordable quality housing in their communities, and only about 2 in 10 older adults gave excellent or good ratings to the availability of mixed-use neighborhoods.
- About 54% of older residents in the region reported experiencing housing needs and 31% reported mobility needs.

Employment and Finances

The life expectancy for those born between 1940 and 1960 has increased dramatically due to advances in health care and lifestyle changes. While this is a very positive trend overall, it also highlights both the importance of communities providing employment opportunities for older adults and the need for older adults to plan well for their retirement years.

- About 41% of older residents rated the overall economic health of their communities positively, while the cost of living was rated as excellent or good by a similar proportion..
- Employment opportunities for older adults (quality and variety) received low ratings (below 30% positive), and the opportunity to build work skills also was found to be lacking (28% excellent or good).
- About 4 in 10 older adults reported financial challenges and 3 in 10 employment needs.

Equity and Inclusion

A community is often greater than the sum of its parts. Having a sense of community entails not only a sense of membership and belonging, but also feelings of equity and trust in the other members of the community.

• About 53% of older residents rated the sense of community in their towns as *excellent* or *good*, and ratings of neighborliness somewhat lower at 42%.

- About 4 in 10 of the respondents positively rated their community's openness and acceptance toward older residents of diverse backgrounds, and a similar proportion indicated that their community valued older residents.
- Inclusion challenges were reported by about 30% of older residents and equity challenges by 9%.

Health and Wellness

Of all the attributes of aging, health poses the greatest risk and the biggest opportunity for communities to ensure the independence and contributions of their aging populations. Health and wellness, for the purposes of this study, included not only physical and mental health, but issues of safety, independent living and health care.

- About 6 in 10 older residents in the region rated their overall physical health as excellent or good and and a somewhat higher proportion (threequarters) rated their mental health as excellent or good.
- Community opportunities for health and wellness were scored positively by 5 in 10 residents, while the availability of physical health care, mental health care and long term care options received lower ratings (fewer than 40% gave positive ratings).
- Health-related problems were some of the most common challenges listed by older adults in the survey, with 55% reporting physical health challenges and 37% reporting mental health challenges. Health care was also a challenge for about 48% of older residents.

Information and Assistance

The older adult service network, while strong, is under-resourced and unable to single-handedly meet the needs of the continuously growing population of older adults. Providing useful and well-designed programs, as well as informing residents about other assistance resources, is an important way that government agencies can help residents age in place.

- The overall services provided to older adults in the region were rated as excellent or good by only 34% of survey respondents.
- Slightly more than half of survey respondents reported being somewhat informed or very informed about services and activities available to older

adults. The availability of information about resources for older adults and financial or legal planning services was rated positively by fewer than 40% of older residents.

 About half of older adults were found to have information access challenges in the region.

Productive Activities

Productive activities outside of work (such as volunteerism and social activity) promote quality of life and contribute to active aging. This domain examines the extent of older adults' participation in social and leisure programs and their time spent attending or viewing civic meetings, volunteering or providing help to others.

- About 5 in 10 of older adults surveyed felt they had excellent or good opportunities to volunteer, and 4 in 10 participated in some kind of volunteer work.
- The caregiving contribution of older adults was substantial in the region.
 About 40% of older residents reported providing care to individuals 55 and older, 14% to individuals 18-54 and 26% to individuals under 18.
- Older adults in the region reported challenges with being civically engaged (22%), being socially engaged (24%) and caregiving (19%).

The Economic Contribution of Older Adults in the Region

The contribution older adults make through employment, volunteerism and caregiving was calculated for all older adults living in the LifeStream Services - Area 6 region. It is estimated that older residents contribute \$1.7 billion annually to their community in this region through paid and unpaid work.

Older Resident Needs

Through the survey, more than 40 challenges commonly facing older adults were assessed by respondents. These challenges are grouped into 15 larger categories of needs. In the region, the largest challenges were in the areas of

physical health, housing, and information. At least 55% of older residents reported at least one item in these categories was a problem in the 12 months prior to taking the survey.

Comparison to National Benchmarks

To better provide context to the survey data, resident responses for the region were compared to Polco's national benchmark database or older adult opinion. Of the 51 assessments of community livability compared to the benchmark database, the region scored on par for 30 items. For 1 item the region scored above the benchmark comparisons and below the benchmark comparisons for 20 items.

The areas in which the region ratings were lower than benchmark comparisons are shown below:

- Your community as a place to live,
- The overall quality of life in your community,
- Overall economic health of your community,
- Overall quality of the transportation system (auto, bicycle, foot, bus) in your community,
- Overall quality of natural environment in your community,
- Overall quality of parks and recreation opportunities,
- Overall health and wellness opportunities in your community,
- Overall opportunities for education, culture, and the arts,
- Your overall physical health,
- Quality of employment opportunities for older adults,
- Availability of affordable quality food,
- Public places where people want to spend time,
- Availability of affordable quality physical health care,
- Recreation opportunities (including games, arts, library services, etc.),
- Fitness opportunities (including exercise classes and paths or trails, etc.),
- Opportunities participate in community matters,
- · Opportunities to volunteer,
- Opportunities to enroll in skill-building or personal enrichment classes,
- Opportunities to attend social events or activities,

 Openness and acceptance of the community towards older residents of diverse backgrounds.

The areas where older adults gave more positive ratings in the region when compared to benchmark comparisons were:

• Ease of travel by car in your community.

In terms of older resident challenges, the region scored similar to benchmark averages for 21 items. There were no areas where the residents reported fewer needs than the benchmark comparisons were: The 16 areas in which residents reported a higher need compared to benchmarks were:

- Having enough money to meet daily expenses,
- Having housing to suit your needs,
- · Doing heavy or intense housework,
- Maintaining your home,
- Maintaining your yard,
- Finding work in retirement,
- · Building skills for paid or unpaid work,
- Having adequate information or dealing with public programs such as Social Security, Medicare, and Medicaid,
- Not knowing what services are available to older adults in your community,
- Your physical health,
- Falling or injuring yourself in your home,
- · Getting the oral health care you need,
- Getting the vision care you need,
- Staying physically fit,
- · Maintaining a healthy diet,
- · Having enough food to eat.

Comparison of Ratings Over Time

The COVID-19 pandemic was disruptive to many areas of community livability and resulted in profound impacts on many older adults lives around the world, nation and in communities throughout Indiana. It is important to keep these disruptions in mind while comparing trends from 2017 with present.

Of the 33 assessments of community livability that could be compared over time (questions that were asked on both the 2017 and current survey instruments), the ratings were similar for 14 items. Areas where ratings improved since 2017 included:

- Sense of community in your community,
- Ease of travel by car in your community.

There were 17 areas of community livability showing a decline in quality ratings from 2017, most relating to activities and opportunities that were impacted by the pandemic:

- · Your overall physical health,
- · Cost of living in your community,
- Availability of affordable quality housing,
- Variety of housing options.
- Availability of long-term care options,
- Availability of daytime care options for older adults,
- Availability of affordable quality physical health care,
- Availability of preventive health services (e.g., health screenings, flu shots, educational workshops),
- Recreation opportunities (including games, arts, library services, etc.),
- Fitness opportunities (including exercise classes and paths or trails, etc.),
- Opportunities participate in community matters,
- Opportunities to volunteer,
- Opportunities to enroll in skill-building or personal enrichment classes,
- Opportunities to attend social events or activities,
- Opportunities to attend religious or spiritual activities,
- Valuing older residents in your community,

· Neighborliness of your community.

When comparing resident self-reported challenges, of the 35 items to compare, 13 were similar in magnitude to 2017. Fewer challenges were reported for no items when compared to the past survey results. There were 22 areas where older residents in the region reported greater challenges since 2017, which focused primarily on finance, employment, housing, information, health care and loneliness/isolation:

- Having enough money to meet daily expenses,
- Having enough money to pay your property taxes,
- Having housing to suit your needs,
- Doing heavy or intense housework,
- Maintaining your home,
- Maintaining your yard,
- Having safe and affordable transportation available,
- No longer being able to drive,
- Finding work in retirement,
- Building skills for paid or unpaid work,
- Having adequate information or dealing with public programs such as Social Security, Medicare, and Medicaid,
- Not knowing what services are available to older adults in your community,
- Falling or injuring yourself in your home,
- Finding affordable health insurance,
- Getting the health care you need,
- Getting the oral health care you need,
- Getting the vision care you need,
- Affording the medications you need,
- Staying physically fit,
- · Maintaining a healthy diet,
- Having enough food to eat,
- Feeling lonely or isolated.

Section 3: Understanding the Report

Throughout this report, iconography is used to denote trends and benchmarks. While some pages will show the legend, others won't for the sake of space. Keep this page handy for reference.

Trends



Favorably

At least 7 percentage points more favorable than last measure



Similar

No statistically significant difference



Unfavorably

At least 7 percentage points less favorable than last measure

Benchmarks



Much more favorable

At least 20 points more favorable than benchmark



More favorable

10-20 points more favorable than benchmark



Similar

No statistically significant difference



Less favorable

10-20 points less favorable than benchmark



Much less favorable

At least 20 points less favorable than benchmark

Section 4: Community Readiness

Community Readiness

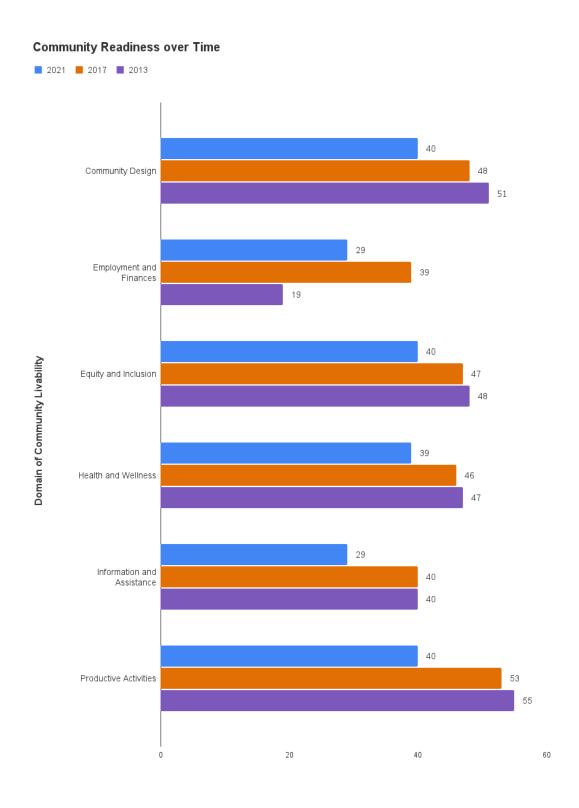
Communities that assist older adults to remain or become active community participants must provide the requisite opportunities for recreation, transportation, culture, education, communication, social connection, spiritual enrichment and health care. Because every community is different, each must identify what its older adults value most and what the community offers its older residents. The judgments of these residents provide the elements used to calculate the overall community quality in LifeStream Services - Area 6.

Survey respondents were asked to rate a number of aspects of the community. These ratings were converted to an average scale of 0 (the lowest rating, such as poor) to 100 (the highest rating, such as excellent) and then combined to provide one overall rating (index¹) for each of the six dimensions of Community Readiness, as well as an overall rating of the Quality of the Community.

Community Readiness Chart

Dimension	Community Livability Topics	Score (out of 100)
Overall Community Quality	Place to Live and RetireRecommend and Remain in Community	62
Community Design	HousingMobilityLand Use	40
Employment and Finances	EmploymentFinances	29
Equity and Inclusivity	EquityCommunity Inclusivity	40

Dimension	Community Livability Topics	Score (out of 100)
Health and Wellness	 Safety Physical Health Mental Health Health Care Independent Living 	39
Information and Assistance	Quality of Older Adult ServicesInformation on Available Older Adult Services	29
Productive Activities	Civic EngagementSocial EngagementCaregiving	40



¹These ratings are not to be understood like ratings from school tests, because they are summaries of several questions that range from 0 as poor, 33 as fair, 66 as good and 100 as excellent. For example, a score of 58 should be interpreted as closer to good than to fair (with the midpoint of the scale, 50, representing equidistance between good and fair).

Section 5: Community livability topics

The Community Assessment Survey of Older Adults (CASOA) is designed to examine the status of older adults and the community around many (17) aspects of livability within six domains: Community Design, Employment and Finances, Equity and Inclusivity, Health and Wellness, Information and Assistance, and Productive Activities. Overall community quality also is assessed with two topics. (See Introduction section About the Community Assessment Survey for Older Adults for an overview of all the community livability topics within these domains.) For each of these 19 community livability topic areas, survey questions evaluated the community's ability to accommodate the needs of older residents, as well as the actual experiences and challenges of older adults.

To summarize the data, an index score was calculated for each aspect of livability by averaging the ratings given to the questions related to the specific community livability topic. (This index includes only the ratings of community amenities, not those items related to the respondents' own status or the challenges faced by the respondent.)



Certain trends unavailable

Because LifeStream Services - Area 6 doesn't have prior measurements for certain topics, those topics don't have trend values. All topics will have trends after this survey has been conducted a second time.

Overall Community Quality



Place to Live and Retire

66 / 100



Recommend and **Remain in Community**

75 / 100 🕒



Community Design



Housing

31 / 100



Land Use 38 / 100

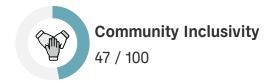


Employment and Finances





Equity and Inclusivity





Health and Wellness



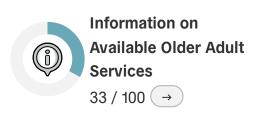


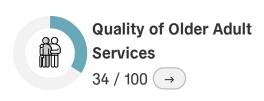






Information and Assistance





Productive Activities



CaregivingScoring not applicable





Section 6A: Place to Live and Retire

Successful aging communities are attractive and welcoming to older adults and provide the support necessary for residents to age in place.



• Livability score trend unavailable.

Because LifeStream Services - Area 6 doesn't have a prior livability score, trends for livability aren't available. Trends will be available after this survey has been conducted a second time.

Related survey results

Items on the survey related to this topic are shown below. These tables display the ratings given by respondents, as well as a comparison to the national benchmark (average ratings from communities across the nation) and, if available, comparisons to ratings from the most recently implemented survey.

• Certain trends unavailable

Because LifeStream Services - Area 6 doesn't have any prior measurements for certain characteristics, those characteristics don't have trend values. All characteristics will have trends after this survey has been conducted a second time.

Quality of Community

Percent reporting excellent or good.

Characteristic	% positive	Trend	National Benchmark
Your neighborhood as a place to live	79%	N/A	_
Your community as a place to live	68%	→	v
The overall quality of life in your community	62%	N/A	·
Your community as a place to retire	55%	\rightarrow	

Status Indicators - Personal Quality of Life

Percent reporting excellent or good.

Characteristic	% positive	Trend	National Benchmark
Your overall quality of life	73%	\rightarrow	_

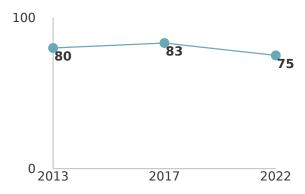
Section 6B: Recommend and Remain in Community

A strong testament to the quality of a community is the likelihood of residents recommending and remaining in the community. Generally, residents will not recommend a community to friends unless they believe that community is offering the right amenities and services. Furthermore, communities that do a good job supporting seniors allow their residents to remain throughout their retirement years.



* Only applies to last two measurements

Livability score over time



Related survey results

Items on the survey related to this topic are shown below. These tables display the ratings given by respondents, as well as a comparison to the national benchmark (average ratings from communities across the nation) and, if available, comparisons to ratings from the most recently implemented survey.

Quality of Community

Percent reporting very likely or somewhat likely.

Characteristic	% likely	Trend	National Benchmark
Remain in your community throughout your retirement	81%	N	-
Recommend living in your community to older adults	69%	\rightarrow	•

Section 7A: Housing

Most older adults want to age in place; however, many do not have homes that feature universal design allowing access for walkers and wheelchairs and providing safety for those who are frail or experiencing mobility impairments. Ensuring the availability of housing stock that is both affordable and suitable for seniors is necessary as a community's population ages.



• Livability score trend unavailable.

Because LifeStream Services - Area 6 doesn't have a prior livability score, trends for livability aren't available. Trends will be available after this survey has been conducted a second time.

Related survey results

Items on the survey related to this topic are shown below. These tables display the ratings given by respondents, as well as a comparison to the national benchmark (average ratings from communities across the nation) and, if available, comparisons to ratings from the most recently implemented survey.

• Certain trends unavailable

Because LifeStream Services - Area 6 doesn't have any prior measurements for certain characteristics, those characteristics don't have trend values. All characteristics will have trends after this survey has been conducted a second time.

Potential Problems

Percent reporting minor problem, moderate problem or major problem.

Characteristic	% problematic	Trend	National Benchmark
Doing heavy or intense housework	73%	7	•
Maintaining your home	63%	K	·
Maintaining your yard	57%	K	·
Having housing to suit your needs	35%	K	·

Quality of Community

Percent reporting excellent or good.

Characteristic	% positive	Trend	National Benchmark
Availability of affordable quality housing	36%	Ā	-
Variety of housing options	33%	Ä	-
Availability of accessible housing (e.g., homes with a no step entry, singlefloor living, wide hallways and doorways)	24%	N/A	-

Section 7B: Land Use

The movement in America towards designing more livable communities (which include mixed-use neighborhoods, higher-density development, increased connections, shared community spaces and more human-scale design) will become a necessity for communities to age successfully. Communities that have planned and been designed for older adults tend to emphasize access, helping to facilitate movement and participation.



Livability score trend unavailable.

Because LifeStream Services - Area 6 doesn't have a prior livability score, trends for livability aren't available. Trends will be available after this survey has been conducted a second time.

Related survey results

Items on the survey related to this topic are shown below. These tables display the ratings given by respondents, as well as a comparison to the national benchmark (average ratings from communities across the nation) and, if available, comparisons to ratings from the most recently implemented survey.

Trends unavailable

Because LifeStream Services - Area 6 doesn't have any prior measurements, these trends aren't available. Trends will be available after this survey has been conducted a second time.

Quality of Community

Percent reporting excellent or good.

Characteristic	% positive	National Benchmark
Overall quality of the utility infrastructure in your community (water, sewer, storm water, electric, gas)	57%	-
Overall design or layout of your community's residential and commercial areas (e.g., homes, buildings, streets, parks, etc.)	49%	-
Public places where people want to spend time	24%	*
Availability of mixed-use neighborhoods where people live close to places where they can eat, shop, work, and receive services	20%	-

Section 7C: Mobility

The ease with which older residents can move about their communities, whether for commuting, leisure, or recreation, plays a major role in the quality of life for all who live, work, and play in the community. Those who reside in livable communities where they can reach their destinations easily and comfortably by auto, on foot or in public transportation are more likely to remain engaged in their communities and to demonstrate signs of successful aging. Residents that must give up driving are more likely to be able to age in place if other modes of transportation are easily accessed in their neighborhood and community.



• Livability score trend unavailable.

Because LifeStream Services - Area 6 doesn't have a prior livability score, trends for livability aren't available. Trends will be available after this survey has been conducted a second time.

Related survey results

Items on the survey related to this topic are shown below. These tables display the ratings given by respondents, as well as a comparison to the national benchmark (average ratings from communities across the nation) and, if available, comparisons to ratings from the most recently implemented survey.

• Certain trends unavailable

Because LifeStream Services - Area 6 doesn't have any prior measurements for certain characteristics, those characteristics don't have trend values. All characteristics will have trends after this survey has been conducted a second time.

Potential Problems

Percent reporting minor problem, moderate problem or major problem.

Characteristic	% problematic	Trend	National Benchmark
Having safe and affordable transportation available	40%	N	-
No longer being able to drive	25%	K	-

Quality of Community

Percent reporting excellent or good.

Characteristic	% positive	Trend	National Benchmark
Ease of travel by car in your community	83%	7	^
Ease of getting to the places you usually have to visit	67%	N/A	-
Ease of walking in your community	54%	\rightarrow	-
Overall quality of the transportation system (auto, bicycle, foot, bus) in your community	47%	N/A	v
Ease of travel by public transportation in your community	29%	\rightarrow	-

Section 8A: Employment

People in the U.S. are working longer and retiring at an older age than they have in the past. Older adults are postponing retirement for a variety of reasons: improved health, the desire to accumulate additional wealth and/or benefit from delayed pension plans, and because the information age-based economy is less physically demanding than jobs from the industrial age. Older workers are an untapped resource for many communities seeking economic stability and growth.



• Livability score trend unavailable.

Because LifeStream Services - Area 6 doesn't have a prior livability score, trends for livability aren't available. Trends will be available after this survey has been conducted a second time.

Items on the survey related to this topic are shown below. These tables display the ratings given by respondents, as well as a comparison to the national benchmark (average ratings from communities across the nation) and, if available, comparisons to ratings from the most recently implemented survey.

Certain trends unavailable

Because LifeStream Services - Area 6 doesn't have any prior measurements for certain characteristics, those characteristics don't have trend values. All characteristics will have trends after this survey has been conducted a second time.

• Certain benchmarks unavailable

Because this survey includes new characteristics, we can't determine your benchmark performance on the new characteristics until a sufficient number of communities have completed surveying.

Potential Problems

Percent reporting minor problem, moderate problem or major problem.

Characteristic	% problematic	Trend	National Benchmark
Building skills for paid or unpaid work	54%	A	·
Finding work in retirement	48%	N	•

Quality of Community

Characteristic	% positive	Trend	National Benchmark
Opportunities to build work skills	28%	N/A	_
Quality of employment opportunities for older adults	27%	\rightarrow	·
Variety of employment opportunities for older adults	26%	N/A	-

Section 8B: Finances

With longer life spans, the importance of financial well-being in old age has increased dramatically. Financial independence and the ability to economically contribute to a community have become critical factors in enhancing the quality of life of older adults.



• Livability score trend unavailable.

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Items on the survey related to this topic are shown below. These tables display the ratings given by respondents, as well as a comparison to the national benchmark (average ratings from communities across the nation) and, if available, comparisons to ratings from the most recently implemented survey.

• Certain trends unavailable

Because LifeStream Services - Area 6 doesn't have any prior measurements for certain characteristics, those characteristics don't have trend values. All characteristics will have trends after this survey has been conducted a second time.

Potential Problems

Percent reporting minor problem, moderate problem or major problem.

Characteristic	% problematic	Trend	National Benchmark
Having enough money to meet daily expenses	55%	(Y)	•
Having enough money to pay your property taxes	34%	K	-

Quality of Community

Characteristic	% positive	Trend	National Benchmark
Overall economic health of your community	41%	N/A	·
Cost of living in your community	39%	Ä	-

Status Indicators - Household Financial Status

Percent reporting very positive or somewhat positive.

Characteristic	% positive	Trend	National Benchmark
What impact, if any, do you think the economy will have on your family income in the next 6 months? Do you think the impact will be:	16%	N/A	v

Section 9A: Community Inclusivity

Inclusivity refers to a cultural and environmental feeling of belonging. Creating places in which any individual or group can be and feel welcomed, respected, supported, and valued increases the overall livability of communities.



• Livability score trend unavailable.

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Items on the survey related to this topic are shown below. These tables display the ratings given by respondents, as well as a comparison to the national benchmark (average ratings from communities across the nation) and, if available, comparisons to ratings from the most recently implemented survey.

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• Certain benchmarks unavailable

Because this survey includes new characteristics, we can't determine your benchmark performance on the new characteristics until a sufficient number of communities have completed surveying.

Potential Problems

Percent reporting minor problem, moderate problem or major problem.

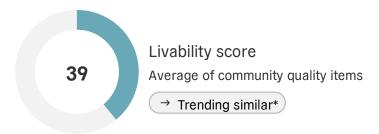
Characteristic	% problematic	Trend	National Benchmark
Feeling lonely or isolated	43%	N	-
Feeling like you don't fit in or belong	37%	N/A	-
Having friends or family you can rely on	32%	\rightarrow	-

Quality of Community

Characteristic	% positive	Trend	National Benchmark
Sense of community in your community	53%	7	-
Making all residents feel welcome	46%	N/A	·
Neighborliness of your community	42%	K	-

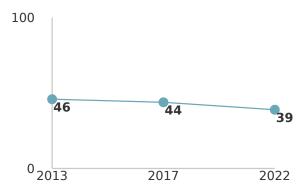
Section 9B: Equity

Opportunities for health, income, housing and other life circumstances are often disproportionate. Strong communities work to decrease inequalities so that all residents can successfully age in place.



* Only applies to last two measurements

Livability score over time



Items on the survey related to this topic are shown below. These tables display the ratings given by respondents, as well as a comparison to the national benchmark (average ratings from communities across the nation) and, if available, comparisons to ratings from the most recently implemented survey.

• Certain trends unavailable

Because LifeStream Services - Area 6 doesn't have any prior measurements for certain characteristics, those characteristics don't have trend values. All characteristics will have trends after this survey has been conducted a second time.

Potential Problems

Percent reporting minor problem, moderate problem or major problem.

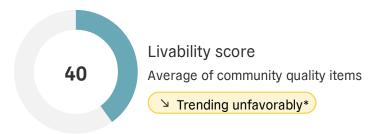
Characteristic	% problematic	Trend	National Benchmark
Being treated unfairly or discriminated against because of your age	21%	N/A	-

Quality of Community

Characteristic	% positive	Trend	National Benchmark
Openness and acceptance of the community towards older residents of diverse backgrounds	41%	\rightarrow	·
Valuing older residents in your community	37%	Ä	-

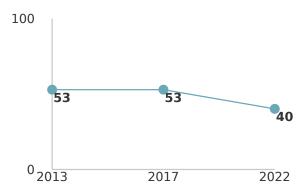
Section 10A: Health Care

Poor health does not need to be an inevitable consequence of aging. Adoptions of healthy lifestyles and the use of preventive services will reduce the risk of morbidity and increase healthy longevity of older residents.



* Only applies to last two measurements

Livability score over time



Items on the survey related to this topic are shown below. These tables display the ratings given by respondents, as well as a comparison to the national benchmark (average ratings from communities across the nation) and, if available, comparisons to ratings from the most recently implemented survey.

Potential Problems

Percent reporting minor problem, moderate problem or major problem.

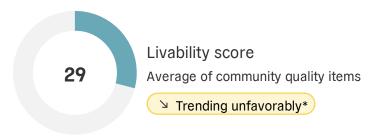
Characteristic	% problematic	Trend	National Benchmark
Finding affordable health insurance	50%	K	_
Affording the medications you need	44%	K	-
Getting the oral health care you need	43%	<u>\(\rangle \) \</u>	·
Getting the vision care you need	40%	<u>\(\rangle \) \</u>	·
Getting the health care you need	40%	(Y)	-

Quality of Community

Characteristic	% positive	Trend	National Benchmark
Availability of preventive health services (e.g., health screenings, flu shots, educational workshops)	46%	<u>у</u>	_
Availability of affordable quality physical health care	33%	Ä	·

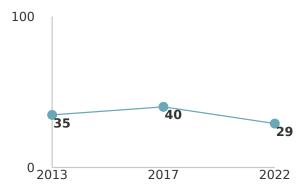
Section 10B: Independent Living

If the community cannot help maintain the independence of residents who experience the decline in health that often accompanies aging, the potential contribution of older residents will be lost to hospitals and nursing homes.



* Only applies to last two measurements

Livability score over time



Items on the survey related to this topic are shown below. These tables display the ratings given by respondents, as well as a comparison to the national benchmark (average ratings from communities across the nation) and, if available, comparisons to ratings from the most recently implemented survey.

Quality of Community

Percent reporting excellent or good.

Characteristic	% positive	Trend	National Benchmark
Availability of long-term care options	39%	Ä	-
Availability of daytime care options for older adults	15%	K	_

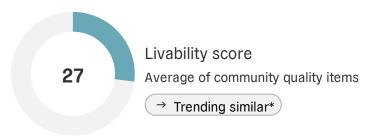
Status Indicators - Long-term Care Admissions

Percent reporting 1-2 days, 3-5 days or 6 or more days.

Characteristic	% of respondents	Trend	National Benchmark
In a long-term care facility (including nursing home or in-patient rehabilitation facility)	5%	\rightarrow	-

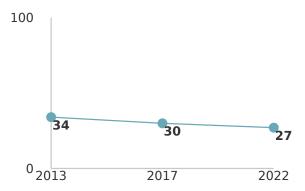
Section 10C: Mental Health

Mental health plays a vital role in the well-being of residents. Depression, isolation, anxiety and memory loss can have a direct and profound effect on older adults' quality of life.



* Only applies to last two measurements

Livability score over time



Items on the survey related to this topic are shown below. These tables display the ratings given by respondents, as well as a comparison to the national benchmark (average ratings from communities across the nation) and, if available, comparisons to ratings from the most recently implemented survey.

Potential Problems

Percent reporting minor problem, moderate problem or major problem.

Characteristic	% problematic	Trend	National Benchmark
Feeling depressed	43%	\rightarrow	-
Dealing with the loss of a close family member or friend	42%	\rightarrow	-
Experiencing confusion or forgetfulness	38%	->	-

Quality of Community

Characteristic	% positive	Trend	National Benchmark
Availability of affordable quality mental health care	27%	\rightarrow	-

Status Indicators - Personal Health Status

Characteristic	% positive	Trend	National Benchmark
Your overall mental health/emotional wellbeing	75%	\rightarrow	_

Section 10D: Physical Health

Of all the attributes of aging, health poses the greatest risk and the biggest opportunity. When good health can be sustained, the individuals benefit by living a life of better quality, friends and family benefit from reduced caregiving burdens, and the community benefits by harnessing the power of older adults' contributions.



• Livability score trend unavailable.

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Items on the survey related to this topic are shown below. These tables display the ratings given by respondents, as well as a comparison to the national benchmark (average ratings from communities across the nation) and, if available, comparisons to ratings from the most recently implemented survey.

• Certain trends unavailable

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Potential Problems

Percent reporting minor problem, moderate problem or major problem.

Characteristic	% problematic	Trend	National Benchmark
Your physical health	70%	\rightarrow	•
Staying physically fit	69%	K	•
Maintaining a healthy diet	59%	(Y	•
Falling or injuring yourself in your home	47%	(Y)	•
Having enough food to eat	29%	(Y)	•

Quality of Community

Percent reporting excellent or good.

Characteristic	% positive	Trend	National Benchmark
Overall quality of natural environment in your community	59%	N/A	•
Availability of affordable quality food	48%	→	•
Overall health and wellness opportunities in your community	46%	N/A	·
Fitness opportunities (including exercise classes and paths or trails, etc.)	43%	<u>\(\rangle\)</u>	v

Status Indicators - Falls

Percent reporting 1 to 2 times, 3 to 5 times or more than 5 times.

Characteristic	% of respondents	Trend	National Benchmark
Thinking back over the past 12 months, how many times have you fallen and injured yourself?	43%	\rightarrow	-

Status Indicators - Hospitalizations

Percent reporting 1-2 days, 3-5 days or 6 or more days.

Characteristic	% of respondents	Trend	National Benchmark
As a patient in a hospital	26%	\rightarrow	-

Status Indicators - Personal Health Status

Characteristic	% positive	Trend	National Benchmark
Your overall physical health	56%	N	·

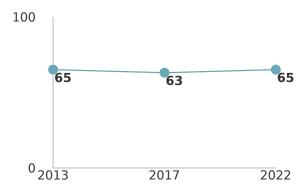
Section 10E: Safety

Safety is one of the most essential components of community livability. The extent to which older residents feel safe from crime and other adverse events can strengthen their feelings of comfort and trust and impact their ability to live independently.



* Only applies to last two measurements

Livability score over time



Items on the survey related to this topic are shown below. These tables display the ratings given by respondents, as well as a comparison to the national benchmark (average ratings from communities across the nation) and, if available, comparisons to ratings from the most recently implemented survey.

Potential Problems

Percent reporting minor problem, moderate problem or major problem.

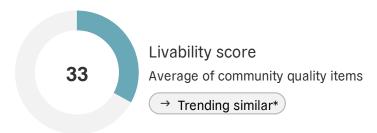
Characteristic	% problematic	Trend	National Benchmark
Being a victim of fraud or a scam	26%	\rightarrow	-
Being a victim of crime	14%	\rightarrow	-
Being physically or emotionally abused	12%	\rightarrow	-

Quality of Community

Characteristic	% positive	Trend	National Benchmark
Overall feeling of safety in your community	65%	\rightarrow	-

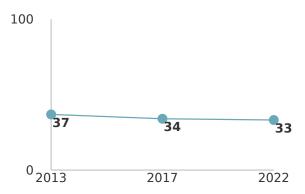
Section 11A: Information on Available Older Adult Services

Sometimes residents of any age fail to take advantage of services offered by a community solely because they are not aware of the opportunities that exist. Educating a large community of older adults is not simple, but raising awareness about attractive, useful and well-designed programs will lead more residents to benefit from becoming participants.



* Only applies to last two measurements

Livability score over time



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• Certain benchmarks unavailable

Because this survey includes new characteristics, we can't determine your benchmark performance on the new characteristics until a sufficient number of communities have completed surveying.

Potential Problems

Percent reporting minor problem, moderate problem or major problem.

Characteristic	% problematic	Trend	National Benchmark
Not knowing what services are available to older adults in your community	79%	<u>\(\rangle\)</u>	v
Having adequate information or dealing with public programs such as Social Security, Medicare, and Medicaid	63%	<u>\pu</u>	·

Quality of Community

Percent reporting excellent or good.

Characteristic	% positive	Trend	National Benchmark
Availability of financial or legal planning services	38%	\rightarrow	-
Availability of information about resources for older adults	28%	\rightarrow	-

Status Indicators - Informed about Services

Percent reporting very informed or somewhat informed.

Characteristic	% informed	Trend	National Benchmark
In general, how informed or uninformed do you feel about services and activities available to older adults in your community?	56%	\rightarrow	N/A

Status Indicators - Use of Technology

Percent reporting several times a day, once a day or a few times a week.

Characteristic	% of respondents	Trend	National Benchmark
Use or check email	77%	N/A	-
Access the internet from your home using a computer, laptop, or tablet computer	72%	N/A	•
Access the internet from your cell phone	67%	N/A	-
Visit social media sites such as Facebook, Twitter, Nextdoor, etc.	65%	N/A	-
Share your opinions online	28%	N/A	-
Shop online	19%	N/A	·

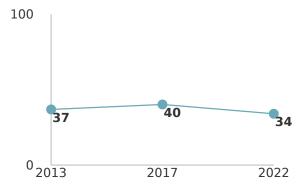
Section 11B: Quality of Older Adult Services

Strong local governments play a major role in producing communities that meet the needs of older residents while making the best use of available resources. Providing services that are responsive to the present and future needs of the older community is an important responsibility and a vital component of livable communities.



* Only applies to last two measurements

Livability score over time



Items on the survey related to this topic are shown below. These tables display the ratings given by respondents, as well as a comparison to the national benchmark (average ratings from communities across the nation) and, if available, comparisons to ratings from the most recently implemented survey.

Quality of Community

Characteristic	% positive	Trend	National Benchmark
How would you rate the overall services provided to older adults in your community?	34%	\rightarrow	·

Section 12A: Caregiving

According to the Centers for Disease Control, about 2 in 5 adults 65 years and older have a disabling condition that affects their ability to live independently¹. Those who provide care to a loved one or friend with such a condition often feel a sense of contribution and personal worth despite the physical, emotional and financial burden such care can produce. While such caregiving is most often provided by family members and is unpaid, AARP researchers estimate the value of the care as \$470 billion annually. A caregiving crunch is predicted in the future, where the average American will spend more years caring for their parents than for their own children².

• Livability scoring is not applicable.

Because data for this topic are informational and not evaluative, no livability score is calculated.

¹Prevalence of Disabilities and Health Care Access by Disability Status and Type Among Adults — United States, 2016

² AARP Family Caregiver Contribution study

Items on the survey related to this topic are shown below. These tables display the ratings given by respondents, as well as a comparison to the national benchmark (average ratings from communities across the nation) and, if available, comparisons to ratings from the most recently implemented survey.

Average Number of Hours Providing Care

Average number of hours spent per respondent in a typical week

Characteristic	Average # of Hours	Previous Measurement	National Benchmark
Providing care to someone age 55+	4.2	3.9	_
Providing care someone under age 18	1.8	2.4	_
Providing care to someone age 18 to 54	1	2.5	_

Potential Problems

Percent reporting minor problem, moderate problem or major problem.

Characteristic	% problematic	Trend	National Benchmark
Feeling EMOTIONALLY burdened by providing care for another person	31%	\rightarrow	_
Feeling PHYSICALLY burdened by providing care for another person	29%	\rightarrow	-
Feeling FINANCIALLY burdened by providing care for another person	24%	\rightarrow	-

Status Indicators - Activities

Percent reporting 1 to 3 hours, 4 to 5 hours, 6 to 10 hours, 11 to 19 hours or 20 or more hours.

Characteristic	% of respondents	Trend	National Benchmark
Providing care to someone age 55+	40%	N	_
Providing care someone under age 18	26%	→	-
Providing care to someone age 18 to 54	14%	<u>\(\rangle \) \</u>	_

Section 12B: Civic Engagement

In communities where residents care about local politics and social conditions, where they feel engaged and effective, there tends to be greater social, economic and cultural prosperity. Civic activity of any kind, such as volunteering, participating in political groups or being active in community decision-making, benefits both communities and seniors themselves.



• Livability score trend unavailable.

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Items on the survey related to this topic are shown below. These tables display the ratings given by respondents, as well as a comparison to the national benchmark (average ratings from communities across the nation) and, if available, comparisons to ratings from the most recently implemented survey.

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Average Number of Hours Providing Care

Average number of hours spent per respondent in a typical week

Characteristic	Average # of Hours	Previous Measurement	National Benchmark
Volunteering your time	2.1	1.4	-

Potential Problems

Percent reporting minor problem, moderate problem or major problem.

Characteristic	% problematic	Trend	National Benchmark
Feeling like your voice is heard in the community	50%	→	_

Quality of Community

Percent reporting excellent or good.

Characteristic	% positive	Trend	National Benchmark
Opportunities to volunteer	53%	N	·
Opportunities participate in community matters	40%	Ä	·
Residents' connection and engagement with their community	38%	N/A	_

Status Indicators - Activities

Percent reporting 1 to 3 hours, 4 to 5 hours, 6 to 10 hours, 11 to 19 hours or 20 or more hours.

Characteristic	cteristic % of respondents		National Benchmark
Volunteering your time	41%	7	-

Status Indicators - Participation

Percent reporting yes.

Characteristic	% yes	Trend	National Benchmark
Voted in your most recent local election	80%	N/A	_
Watched (online or on television) a local public meeting	21%	\rightarrow	-
Attended a local public meeting (of local elected officials like City Council or County Commissioners, advisory boards, town halls, HOA, neighborhood watch, etc.)	20%	\rightarrow	_
Participated in a civic group (including Elks, Kiwanis, Masons, etc.)	16%	\rightarrow	-

Section 12C: Social Engagement

It is well documented that social support also has many mental and physical health benefits. Extensive opportunities for recreation, the arts and social interaction make a community more attractive, especially to older adults.



• Livability score trend unavailable.

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Related survey results

Items on the survey related to this topic are shown below. These tables display the ratings given by respondents, as well as a comparison to the national benchmark (average ratings from communities across the nation) and, if available, comparisons to ratings from the most recently implemented survey.

• Certain trends unavailable

Because LifeStream Services - Area 6 doesn't have any prior measurements for certain characteristics, those characteristics don't have trend values. All characteristics will have trends after this survey has been conducted a second time.

Average Number of Hours Providing Care

Average number of hours spent per respondent in a typical week

Characteristic	Average # of Hours	Previous Measurement	National Benchmark
Talking or visiting with friends/family	6.5	6.4	_
Assisting friends, relatives, or neighbors	4	3.9	-

Potential Problems

Percent reporting minor problem, moderate problem or major problem.

Characteristic	% problematic	Trend	National Benchmark
Feeling bored	50%	\rightarrow	-

Quality of Community

Percent reporting excellent or good.

Characteristic	% positive	Trend	National Benchmark
Opportunities to attend religious or spiritual activities	67%	<u>\(\rangle \) \</u>	-
Overall quality of parks and recreation opportunities	55%	N/A	·
Overall opportunities for education, culture, and the arts	43%	N/A	·
Recreation opportunities (including games, arts, library services, etc.)	41%	N	·
Opportunities to attend social events or activities	39%	N	•
Opportunities to enroll in skill-building or personal enrichment classes	22%	<u>\(\rangle \) \</u>	·

Status Indicators - Activities

Percent reporting 1 to 3 hours, 4 to 5 hours, 6 to 10 hours, 11 to 19 hours or 20 or more hours.

Characteristic	% of respondents	Trend	National Benchmark
Talking or visiting with friends/family	96%	\rightarrow	-
Assisting friends, relatives, or neighbors	74%	→	-

Status Indicators - Participation

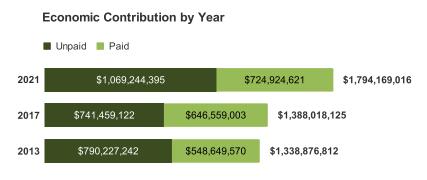
Percent reporting yes.

Characteristic	% yes	Trend	National Benchmark
Participated in religious or spiritual activities with others	55%	\rightarrow	-
Used a public library in your community	39%	<u>V</u>	•
Participated in a recreation program or group activity	27%	\rightarrow	-
Participated in a club (including book, dance, game, and other social)	25%	\rightarrow	-
Used a recreation center in your community	21%	\rightarrow	-
Used a senior center in your community	9%	\rightarrow	-

Section 13: Economic Contribution

Productive behavior is "any activity, paid or unpaid, that generates goods or services of economic value." Productive activities include many types of paid and unpaid work, as well as services provided to friends, family or neighbors. Older adults make significant contributions (paid and unpaid) to the communities in which they live. In addition to their paid work, older adults contribute to the economy through volunteering, providing informal help to family and friends, and caregiving.

Economic Contribution of Older Adults in LifeStream Services - Area 6



Dollars of unpaid and paid economic contribution

The calculations of the economic contributions of older adults in LifeStream Services - Area 6 were rough estimates using data from the U.S. Department of Labor Bureau of Labor Statistics (Metropolitan and Nonmetropolitan Area Occupational Employment and Wage Estimates).

Economic Contribution of Older Adults

	% of older adults	# of older adults	Average # of hours"	Average hourly rate	Annual total
Providing care to older adult(s)	40%	41,044	11.77	\$12.21	\$310,257,410
Providing care to adult(s)	15%	15,392	7.65	\$12.21	\$72,544,910
Providing care to child(ren)	26%	26,679	7.63	\$11.69	\$125,746,059
Providing help to family and friends	75%	76,958	5.93	\$14.54	\$342,954,794
Volunteering	43%	44,122	5.27	\$18.04	\$217,741,223
Subtotal unpaid					\$1,069,244,395
Working part time	11%	11,287	15	\$25.51	\$216,760,250
Working full time	12%	12,313	32	\$25.51	\$508,164,371
Subtotal paid					\$724,924,621
Total contribution					\$1,794,169,016

¹Rowe JW, Kahn RL. Successful Aging. New York: Pantheon Books; 1998.

^{*} Based on U.S. Census Bureau - 2019 American Community Survey; about 102,610 adults age 60 and over in the state.

^{**} Respondents were asked to select a range of hours. The average number of hours was calculated from the mid-point of the response scale. For example, a response of 1 to 3 hours equated to 2 hours and a response of never was assumed to be zero hours. In cases where the respondent chose a response that indicated 11 or more hours or 20 or more hours, the number of hours was

calculated as 125% of 11 and 125% of 20 (i.e., 13.75 and 25 respectively). Working full time was assumed to be 32 hours per week and working part time was assumed to be 15 hours per week.

*** The economic value of an hour worked was assumed to be the same as the average hourly wage as calculated by the Bureau of Labor statistics for similar types of work in undefined. Providing care for older adults and adults was assumed to be the equivalent of "Personal and Home Care Aides." Providing care for children was assumed to be the equivalent of "Child Care Workers." Providing help to family and friends was assumed to be the equivalent of "Personal Care and Service Occupations." Volunteering was assumed to be the equivalent of "Office Clerks, General." Working full time and part time was assumed to be the equivalent of "All Occupations."

Section 14: Community Needs

The individual survey questions about specific problems faced by older community members were summarized into the 17 larger categories to provide a broad picture of older resident needs in LifeStream Services - Area 6. The figure below shows the percent of respondents who reported that one or more items within each of these 17 areas was a major or moderate problem. (See Methods for more information on the items included in each area.)

Typically, it is understood that the self-reported needs of older adults represent a minimum level, a conservative estimate attenuated by respondents' strong desire to feel and appear self-reliant and further reduced by the silent voice of some older adults who, no matter how sensitive the attempt, are too frail to participate in any survey enterprise.

Percent and Estimated Number of Older Adults With a Need

	Percent with need	Number affected (N=102,610)*
Housing	52%	53,357
Mobility	30%	30,783
Employment	29%	29,757
Finances	34%	34,887
Equity	7%	7,183
Community Inclusivity	28%	28,731
Safety	17%	17,444
Physical Health	53%	54,383
Mental Health	35%	35,914
Health Care	47%	48,227
Independent Living	4%	41
Information on Available Older Adult Services	53%	54,383
Civic Engagement	23%	23,600
Social Engagement	23%	23,600
Caregiving	19%	19,496

Populations at Higher Risk

As people age, many learn to take better care of themselves, to plan for retirement and, generally, to move more deliberately. Aging builds wisdom but can sap resources — physical, emotional and financial. Even those blessed by good luck or prescient enough to plan comprehensively for the best future may find themselves with unanticipated needs or with physical, emotional or financial strengths that could endure only with help. Some people age better

than others, and aging well requires certain strengths that are inherent and others that can be supported by assistance from the private sector and government.

The tables below show the reported needs within each category of livability of LifeStream Services - Area 6's older adult population, by demographic subgroup. This information can help identify which groups are at higher risk in the community and account for sociodemographic disparities when addressing these needs.

Percent Needs of Older Population by Sociodemographic Characteristics, (102,610).

The sociodemographic characteristics examined included Gender, Age, Race, Ethnicity, Annual Household Income, Housing Tenure (Rent or Own), and

Household Composition (Lives alone or Lives with others)

	Housing	Mobility	Employment	Finances	Equity
Female	59%	29%	22%	37%	6%
Male	44%	29%	35%	29%	8%
60 to 64 years	46%	22%	29%	39%	10%
65 to 74 years	49%	30%	25%	29%	6%
75 or over	60%	37%	35%	35%	4%
White	51%	29%	29%	34%	6%
Not white	62%	34%	17%	35%	23%
Hispanic	34%	34%	0%	0%	0%
Not Hispanic	52%	30%	29%	34%	7%
Less than \$25,000	73%	40%	36%	6%	12%
\$25,000 to \$74,999	40%	23%	20%	20%	5%
\$75,000 or more	60%	37%	35%	35%	4%
Rent	63%	36%	44%	57%	10%
Own	49%	29%	25%	29%	6%
Lives alone	53%	26%	22%	38%	6%
Lives with others	51%	33%	34%	31%	8%
Overall	52%	30%	29%	34%	7%

	Community Inclusivity	Safety	Physical Health	Mental Health	Health Care	Independent Living
Female	22%	15%	55%	34%	42%	5%
Male	35%	20%	53%	37%	53%	3%
60 to 64 years	35%	17%	63%	41%	59%	0%
65 to 74 years	25%	17%	44%	30%	42%	3%
75 or over	26%	16%	59%	36%	44%	9%
White	28%	17%	54%	35%	48%	4%
Not white	27%	20%	53%	35%	44%	5%
Hispanic	0%	0%	0%	0%	0%	25%
Not Hispanic	28%	17%	54%	35%	48%	4%
Less than \$25,000	36%	24%	73%	49%	57%	5%
\$25,000 to \$74,999	20%	12%	41%	32%	35%	4%
\$75,000 or more	26%	16%	59%	36%	44%	9%
Rent	41%	31%	71%	44%	61%	5%
Own	25%	14%	49%	33%	44%	4%
Lives alone	23%	13%	53%	41%	41%	5%
Lives with others	32%	20%	54%	30%	53%	3%
Overall	28%	17%	53%	35%	47%	4%

	Information on Available Older Adult Services	Civic Engagement	Social Engagement	Caregiving
Female	53%	16%	21%	20%
Male	52%	33%	25%	17%
60 to 64 years	55%	30%	24%	34%
65 to 74 years	49%	23%	20%	16%
75 or over	58%	18%	25%	9%
White	53%	23%	23%	19%
Not white	40%	27%	24%	21%
Hispanic	0%	0%	0%	0%
Not Hispanic	53%	24%	23%	19%
Less than \$25,000	61%	23%	32%	17%
\$25,000 to \$74,999	44%	17%	15%	17%
\$75,000 or more	58%	18%	25%	9%
Rent	60%	34%	24%	17%
Own	52%	21%	23%	19%
Lives alone	48%	14%	22%	8%
Lives with others	57%	31%	24%	28%
Overall	53%	23%	23%	19%

^{*} Source: U.S. Census Bureau, 2019 American Community Survey 5-Year Estimates

Section 15: Full Results (with No Opinion)

These results include all questions. The results include the percentage that responded for each answer choice and the number of responses. If the choices included a choice with no opinion (like don't know or not applicable), they will be shown in this section. The following section shows the results with no opinion choices.

1. Please rate each of the following aspects of quality of life in your community.

Characteristic	Excellent	Good	Fair	Poor	Don't know
Your community as a place to live	23% (125)	45% (247)	28% (153)	4% (20)	0% (0)
Your neighborhood as a place to live	35% (188)	43% (229)	16% (84)	5% (24)	1% (8)
Your community as a place to retire	23% (120)	32% (172)	33% (173)	12% (61)	1% (5)
Sense of community in your community	18% (95)	33% (174)	32% (172)	13% (71)	4% (19)
The overall quality of life in your community	19% (100)	42% (224)	30% (160)	8% (41)	1% (7)

2. Please rate each of the following characteristics as they relate to your community as a whole.

Characteristic	Excellent	Good	Fair	Poor	Don't know
Overall economic health of your community	4% (22)	34% (183)	38% (207)	17% (92)	6% (34)
Overall quality of the transportation system (auto, bicycle, foot, bus) in your community	8% (44)	36% (194)	32% (173)	18% (98)	5% (25)
Overall design or layout of your community's residential and commercial areas (e.g., homes, buildings, streets, parks, etc.)	10% (56)	36% (195)	39% (210)	10% (54)	4% (20)
Overall quality of the utility infrastructure in your community (water, sewer, storm water, electric, gas)	9% (49)	46% (246)	34% (186)	6% (33)	5% (26)
Overall feeling of safety in your community	16% (86)	48% (258)	27% (147)	7% (40)	1% (6)
Overall quality of natural environment in your community	16% (82)	42% (219)	31% (165)	8% (41)	4% (20)
Overall quality of parks and recreation opportunities	12% (62)	42% (223)	31% (165)	13% (70)	2% (11)
Overall health and wellness opportunities in your community	11% (56)	34% (178)	39% (209)	12% (65)	5% (24)
Overall opportunities for education, culture, and the arts	10% (53)	31% (163)	34% (180)	19% (102)	5% (27)
Residents' connection and engagement with their community	5% (29)	29% (159)	39% (211)	18% (99)	8% (41)

3. How would you rate the overall services provided to older adults in your community?

Answer Choice	Percent
Excellent	2% (13)
Good	26% (137)
Fair	38% (206)
Poor	17% (90)
Don't know	17% (89)

4. Please indicate how likely or unlikely you are to do each of the following.

Characteristic	Very likely	Somewhat likely	Somewhat unlikely	Very unlikely	Don't know
Recommend living in your community to older adults	23% (125)	44% (238)	16% (86)	15% (80)	3% (16)
Remain in your community throughout your retirement	44% (233)	36% (191)	9% (47)	10% (53)	2% (10)

5. In general, how informed or uninformed do you feel about services and activities available to older adults in your community?

Answer Choice	Percent
Very informed	11% (60)
Somewhat informed	45% (240)
Somewhat uninformed	23% (126)
Very uninformed	20% (109)

6. Please rate the quality of each of the following.

Characteristic	Excellent	Good	Fair	Poor	Don't know
Your overall physical health	11% (59)	45% (244)	29% (155)	15% (82)	0% (1)
Your overall mental health/emotional wellbeing	26% (140)	49% (265)	22% (121)	3% (17)	0% (2)
Your overall quality of life	20% (107)	53% (287)	23% (122)	5% (25)	0% (1)

7. What impact, if any, do you think the economy will have on your family income in the next 6 months? Do you think the impact will be:

Answer Choice	Percent
Very positive	2% (13)
Somewhat positive	14% (74)
Neutral	32% (174)
Somewhat negative	36% (193)
Very negative	16% (84)

8. Please rate each of the following characteristics as they relate to older adults in your community.

Characteristic	Excellent	Good	Fair	Poor	Don't know
Ease of travel by public transportation in your community	5% (25)	20% (106)	16% (88)	45% (241)	14% (76)
Ease of travel by car in your community	29% (157)	53% (287)	16% (84)	1% (7)	1% (7)
Ease of walking in your community	15% (79)	37% (201)	26% (141)	19% (100)	3% (17)
Ease of getting to the places you usually have to visit	17% (90)	50% (267)	23% (125)	9% (49)	1% (5)
Opportunities to build work skills	4% (24)	15% (77)	25% (131)	25% (131)	32% (167)
Quality of employment opportunities for older adults	2% (9)	17% (88)	20% (108)	30% (160)	31% (162)
Variety of employment opportunities for older adults	4% (19)	14% (75)	20% (105)	31% (166)	32% (168)
Cost of living in your community	7% (37)	29% (155)	43% (230)	14% (73)	7% (37)
Availability of affordable quality food	12% (62)	35% (190)	32% (170)	20% (105)	2% (9)
Availability of affordable quality housing	6% (34)	25% (134)	37% (196)	19% (101)	12% (64)
Variety of housing options	8% (42)	20% (104)	35% (187)	22% (116)	15% (81)
Availability of accessible housing (e.g., homes with a no step entry, single-floor living, wide hallways and doorways)	3% (18)	14% (76)	27% (141)	30% (162)	25% (134)
Availability of mixed-use neighborhoods where people live close to places where they can eat, shop, work, and receive services	3% (18)	16% (84)	32% (169)	43% (229)	7% (36)
Public places where people want to spend time	3% (16)	19% (103)	40% (213)	30% (161)	8% (42)

Characteristic	Excellent	Good	Fair	Poor	Don't know
Availability of information about resources for older adults	1% (7)	21% (115)	24% (129)	34% (182)	19% (104)
Availability of financial or legal planning services	4% (23)	25% (132)	25% (134)	22% (117)	24% (127)
Availability of long-term care options	7% (39)	25% (134)	27% (142)	25% (131)	16% (85)
Availability of daytime care options for older adults	2% (10)	7% (39)	24% (126)	28% (150)	38% (203)
Availability of affordable quality physical health care	6% (30)	22% (116)	37% (194)	19% (99)	17% (90)
Availability of affordable quality mental health care	4% (19)	15% (79)	27% (139)	24% (121)	30% (153)
Availability of preventive health services (e.g., health screenings, flu shots, educational workshops)	9% (49)	32% (171)	39% (205)	11% (57)	9% (50)
Recreation opportunities (including games, arts, library services, etc.)	7% (37)	30% (162)	32% (173)	22% (118)	9% (46)
Fitness opportunities (including exercise classes and paths or trails, etc.)	11% (56)	28% (150)	32% (168)	19% (101)	10% (54)
Opportunities participate in community matters	3% (17)	29% (152)	32% (168)	17% (90)	19% (103)
Opportunities to volunteer	12% (60)	30% (158)	24% (126)	14% (71)	20% (106)
Opportunities to enroll in skill-building or personal enrichment classes	3% (15)	11% (59)	22% (117)	28% (146)	35% (186)
Opportunities to attend social events or activities	8% (43)	26% (133)	28% (143)	25% (129)	14% (71)
Opportunities to attend religious or spiritual activities	24% (124)	37% (188)	22% (113)	8% (40)	8% (43)

Characteristic	Excellent	Good	Fair	Poor	Don't know
Openness and acceptance of the community towards older residents of diverse backgrounds	5% (25)	27% (141)	29% (150)	18% (92)	22% (118)
Making all residents feel welcome	6% (33)	34% (180)	32% (168)	15% (80)	13% (69)
Valuing older residents in your community	7% (35)	24% (126)	32% (168)	19% (102)	19% (100)
Neighborliness of your community	8% (43)	32% (166)	36% (191)	18% (92)	6% (32)

9. Older adults may or may not face a number of challenges. Thinking back over the last 12 months, how much of a problem, if at all, have each of the following been for you?

Characteristic	Not a problem	Minor problem	Moderate problem	Major problem	Don't know
Having enough money to meet daily expenses	45% (239)	23% (123)	21% (110)	11% (58)	0% (0)
Having enough money to pay your property taxes	58% (305)	15% (77)	11% (56)	5% (27)	11% (59)
Having housing to suit your needs	64% (337)	11% (58)	14% (74)	9% (48)	3% (13)
Doing heavy or intense housework	26% (138)	30% (156)	24% (126)	19% (98)	2% (10)
Maintaining your home	36% (188)	23% (124)	23% (124)	14% (75)	4% (19)
Maintaining your yard	42% (218)	21% (108)	17% (90)	18% (93)	3% (15)
Having safe and affordable transportation available	57% (294)	13% (65)	17% (87)	9% (46)	5% (26)
No longer being able to drive	66% (348)	6% (33)	5% (25)	11% (56)	12% (66)
Finding work in retirement	34% (174)	11% (59)	12% (61)	7% (38)	36% (184)
Building skills for paid or unpaid work	28% (139)	9% (45)	15% (77)	8% (39)	40% (204)
Having adequate information or dealing with public programs such as Social Security, Medicare, and Medicaid	35% (182)	25% (132)	21% (113)	13% (66)	6% (34)
Not knowing what services are available to older adults in your community	19% (100)	26% (135)	28% (145)	19% (101)	9% (47)
Your physical health	30% (158)	33% (175)	21% (109)	17% (90)	0% (0)
Falling or injuring yourself in your home	53% (278)	23% (120)	17% (90)	7% (36)	1% (5)

Characteristic	Not a problem	Minor problem	Moderate problem	Major problem	Don't know
Finding affordable health insurance	48% (253)	17% (91)	18% (97)	13% (70)	3% (16)
Getting the health care you need	58% (308)	19% (98)	13% (70)	7% (38)	3% (13)
Getting the oral health care you need	56% (300)	14% (77)	16% (86)	12% (62)	1% (7)
Getting the vision care you need	59% (318)	15% (80)	16% (88)	8% (43)	1% (5)
Affording the medications you need	55% (292)	18% (94)	14% (74)	12% (66)	1% (8)
Staying physically fit	31% (163)	30% (157)	22% (118)	17% (89)	1% (5)
Maintaining a healthy diet	41% (217)	30% (160)	18% (98)	11% (60)	0% (1)
Having enough food to eat	71% (377)	13% (69)	11% (59)	5% (26)	0% (0)
Experiencing confusion or forgetfulness	61% (327)	21% (114)	12% (65)	4% (20)	1% (7)
Feeling depressed	56% (298)	23% (126)	16% (86)	3% (16)	2% (11)
Feeling bored	50% (265)	27% (142)	17% (91)	6% (30)	1% (6)
Having friends or family you can rely on	67% (361)	17% (91)	11% (57)	5% (26)	0% (2)
Feeling lonely or isolated	56% (298)	23% (121)	13% (68)	7% (35)	1% (7)
Dealing with the loss of a close family member or friend	57% (305)	19% (102)	12% (66)	10% (54)	1% (4)
Being a victim of crime	82% (437)	6% (34)	4% (22)	3% (15)	4% (23)
Being a victim of fraud or a scam	71% (374)	15% (77)	6% (29)	5% (26)	4% (20)

Characteristic	Not a problem	Minor problem	Moderate problem	Major problem	Don't know
Being physically or emotionally abused	85% (453)	5% (25)	3% (14)	4% (22)	3% (18)
Being treated unfairly or discriminated against because of your age	76% (402)	14% (73)	5% (26)	2% (10)	3% (17)
Feeling like you don't fit in or belong	62% (332)	22% (118)	12% (63)	2% (13)	2% (8)
Feeling like your voice is heard in the community	43% (231)	20% (106)	16% (86)	7% (39)	13% (72)
Feeling PHYSICALLY burdened by providing care for another person	68% (358)	13% (66)	12% (63)	2% (13)	5% (25)
Feeling EMOTIONALLY burdened by providing care for another person	67% (354)	15% (79)	12% (64)	3% (14)	4% (20)
Feeling FINANCIALLY burdened by providing care for another person	73% (385)	12% (65)	9% (48)	2% (9)	4% (19)

10. Thinking back over the past 12 months, how much time did you spend in each of the following?

Characteristic	0 days	1-2 days	3-5 days	6 or more days
As a patient in a hospital	74% (394)	11% (60)	6% (29)	9% (50)
In a long-term care facility (including nursing home or in-patient rehabilitation facility)	95% (501)	1% (7)	1% (3)	3% (17)

11. Thinking back over the past 12 months, how many times have you fallen and injured yourself?

Answer Choice	Percent
Never	57% (311)
1 to 2 times	38% (205)
3 to 5 times	3% (18)
More than 5 times	2% (9)
Don't know	0% (0)

12. Please indicate whether or not you have done each of the following in the last 12 months.

Characteristic	No	Yes
Attended a local public meeting (of local elected officials like City Council or County Commissioners, advisory boards, town halls, HOA, neighborhood watch, etc.)	80% (436)	20% (107)
Watched (online or on television) a local public meeting	79% (425)	21% (114)
Voted in your most recent local election	20% (106)	80% (434)
Participated in a civic group (including Elks, Kiwanis, Masons, etc.)	84% (452)	16% (88)
Used a senior center in your community	91% (490)	9% (46)
Used a public library in your community	61% (331)	39% (207)
Used a recreation center in your community	79% (431)	21% (113)
Participated in a recreation program or group activity	73% (395)	27% (149)
Participated in religious or spiritual activities with others	45% (246)	55% (295)
Participated in a club (including book, dance, game, and other social)	75% (407)	25% (135)

13. During a typical week, how many hours do you spend:

Characteristic	Never	1 to 3 hours	4 to 5 hours	6 to 10 hours	11 to 19 hours	20 or more hours	Don't know
Assisting friends, relatives, or neighbors	25% (135)	43% (231)	13% (68)	8% (44)	2% (11)	6% (33)	2% (11)
Volunteering your time	57% (305)	25% (132)	5% (24)	7% (35)	3% (15)	2% (8)	2% (12)
Talking or visiting with friends/ family	4% (19)	37% (197)	30% (162)	13% (70)	6% (35)	10% (52)	1% (3)
Providing care to someone age 55+	60% (321)	19% (103)	3% (13)	4% (23)	3% (15)	12% (63)	0% (1)
Providing care to someone age 18 to 54	85% (461)	7% (37)	2% (12)	2% (12)	1% (3)	2% (10)	1% (6)
Providing care someone under age 18	74% (398)	12% (66)	5% (26)	4% (23)	2% (10)	3% (17)	0% (1)

14. In general, how many times do you:

Characteristic	Several times a day	Once a day	A few times a week	Every few weeks	Less often or never	Don't know
Access the internet from your home using a computer, laptop, or tablet computer	52% (280)	9% (51)	7% (37)	4% (22)	23% (123)	4% (23)
Access the internet from your cell phone	46% (241)	8% (44)	9% (49)	1% (7)	30% (155)	5% (27)
Visit social media sites such as Facebook, Twitter, Nextdoor, etc.	44% (239)	12% (65)	7% (39)	3% (16)	31% (165)	3% (15)
Use or check email	43% (227)	22% (115)	10% (51)	4% (20)	18% (96)	4% (22)
Share your opinions online	12% (64)	3% (19)	11% (57)	13% (68)	56% (299)	5% (29)
Shop online	6% (32)	1% (5)	11% (58)	31% (163)	45% (240)	6% (34)

15. How many years have you lived in your community?

Answer Choice	Percent
Less than 2 years	6% (34)
2-5 years	10% (53)
6-10 years	7% (41)
11-20 years	10% (55)
More than 20 years	67% (362)

16. Which best describes the building you live in?

Answer Choice	Percent
Single family home	63% (342)
Townhouse, condominium, duplex, or apartment	24% (131)
Mobile home	10% (56)
Assisted living residence	2% (11)
Nursing home	0% (0)
Other	1% (6)

17. Do you rent or own your home?

Answer Choice	Percent
Rent	20% (107)
Own (with a mortgage payment)	31% (168)
Own (free and clear; no mortgage)	50% (271)

18. About how much is your monthly housing cost for the place you live (including rent, mortgage payment, property tax, property insurance, and homeowners' association (HOA) fees)?

Answer Choice	Percent
Less than \$300 per month	24% (127)
\$300 to \$599 per month	34% (178)
\$600 to \$999 per month	26% (138)
\$1,000 to \$1,499 per month	10% (53)
\$1,500 to \$2,499 per month	3% (16)
\$2,500 or more per month	2% (11)

19. How many people, including yourself, live in your household?

Answer Choice	Percent
1 person (live alone)	45% (248)
2 people	48% (263)
3 people	4% (24)
4 or more people	2% (11)

20. How many of these people, including yourself, are 65 or older?

Answer Choice	Percent
1 person	66% (298)
2 people	34% (152)
3 people	0% (0)
4 or more people	0% (1)

21. What is your employment status?

Answer Choice	Percent
Fully retired	76% (400)
Working full time for pay	12% (62)
Working part time for pay	11% (55)
Unemployed, looking for paid work	1% (7)

22. At what age do you expect to retire completely and not work for pay at all? (Please enter a whole number.)

Answer Choice	
110	62
65	65
65	66
66 and 4 months	67
67	67
67	67
67 6	68
70	70
70	70
70	75
75	75
75	80
85	90
don't know	never as long as physically and emotionally healthy
when i can no longer work	When I die

23. How much do you anticipate your household's total income before taxes will be for the current year? (Please include in your total income money from all sources for all persons living in your household.)

Answer Choice	Percent
Less than \$15,000	16% (78)
\$15,000 to \$24,999	25% (123)
\$25,000 to \$49,999	31% (151)
\$50,000 to \$74,999	17% (85)
\$75,000 to \$99,999	6% (30)
\$100,000 or more	4% (20)

24. Are you Spanish, Hispanic, or Latino?

Answer Choice	Percent
No, not of Hispanic, Latino/a/x, or Spanish origin	99% (541)
Yes, I consider myself to be of Hispanic, Latino/a/x, or Spanish origin	1% (3)

25. What is your race? (Mark one or more races to indicate what race you consider yourself to be.)

Answer Choice	Percent
American Indian or Alaska Native	1% (6)
Asian	0% (0)
Black or African American	4% (20)
Native Hawaiian or Other Pacific Islander	0% (0)
White	94% (516)
A race not listed	1% (5)

26. In which category is your age?

Answer Choice	Percent
50-54 years	0% (1)
55-59 years	1% (3)
60-64 years	25% (134)
65-69 years	26% (138)
70-74 years	17% (94)
75-79 years	12% (62)
80-84 years	11% (58)
85-89 years	7% (37)
90-94 years	2% (10)
95 years or older	1% (4)

27. What is your sex?

Answer Choice	Percent
Woman	55% (295)
Man	45% (241)

Answer Choice	Percent
Identify in another way	0% (2)

28. What is your sexual orientation?

Answer Choice	Percent
Heterosexual	96% (464)
Lesbian	0% (2)
Gay	0% (0)
Bisexual	1% (5)
Identify in another way	3% (13)

Section 16: Full Results (excluding No Opinion)

These results include all questions. The results include the percentage that responded for each answer choice and the number of responses. If the choices included a choice with no opinion (like don't know or not applicable), the tables in the prior section show the results with those no opinion choices. This section shows the results without those choices.

1. Please rate each of the following aspects of quality of life in your community.

Characteristic	Excellent	Good	Fair	Poor
Your community as a place to live	23% (125)	45% (247)	28% (153)	4% (20)
Your neighborhood as a place to live	36% (188)	44% (229)	16% (84)	5% (24)
Your community as a place to retire	23% (120)	33% (172)	33% (173)	12% (61)
Sense of community in your community	19% (95)	34% (174)	34% (172)	14% (71)
The overall quality of life in your community	19% (100)	43% (224)	31% (160)	8% (41)

2. Please rate each of the following characteristics as they relate to your community as a whole.

Characteristic	Excellent	Good	Fair	Poor
Overall economic health of your community	4% (22)	36% (183)	41% (207)	18% (92)
Overall quality of the transportation system (auto, bicycle, foot, bus) in your community	9% (44)	38% (194)	34% (173)	19% (98)
Overall design or layout of your community's residential and commercial areas (e.g., homes, buildings, streets, parks, etc.)	11% (56)	38% (195)	41% (210)	10% (54)
Overall quality of the utility infrastructure in your community (water, sewer, storm water, electric, gas)	10% (49)	48% (246)	36% (186)	6% (33)
Overall feeling of safety in your community	16% (86)	49% (258)	28% (147)	8% (40)
Overall quality of natural environment in your community	16% (82)	43% (219)	32% (165)	8% (41)
Overall quality of parks and recreation opportunities	12% (62)	43% (223)	32% (165)	14% (70)
Overall health and wellness opportunities in your community	11% (56)	35% (178)	41% (209)	13% (65)
Overall opportunities for education, culture, and the arts	11% (53)	33% (163)	36% (180)	21% (102)
Residents' connection and engagement with their community	6% (29)	32% (159)	42% (211)	20% (99)

3. How would you rate the overall services provided to older adults in your community?

Not including don't know

Answer Choice	Percent
Excellent	3% (13)
Good	31% (137)
Fair	46% (206)
Poor	20% (90)

4. Please indicate how likely or unlikely you are to do each of the following.

Characteristic	Very likely	Somewhat likely	Somewhat unlikely	Very unlikely
Recommend living in your community to older adults	24% (125)	45% (238)	16% (86)	15% (80)
Remain in your community throughout your retirement	45% (233)	36% (191)	9% (47)	10% (53)

5. In general, how informed or uninformed do you feel about services and activities available to older adults in your community?

Not including don't know

Answer Choice	Percent
Very informed	11% (60)
Somewhat informed	45% (240)
Somewhat uninformed	23% (126)
Very uninformed	20% (109)

6. Please rate the quality of each of the following.

Characteristic	Excellent	Good	Fair	Poor
Your overall physical health	11% (59)	45% (244)	29% (155)	15% (82)
Your overall mental health/emotional wellbeing	26% (140)	49% (265)	22% (121)	3% (17)
Your overall quality of life	20% (107)	53% (287)	23% (122)	5% (25)

7. What impact, if any, do you think the economy will have on your family income in the next 6 months? Do you think the impact will be:

Answer Choice	Percent
Very positive	2% (13)
Somewhat positive	14% (74)
Neutral	32% (174)
Somewhat negative	36% (193)
Very negative	16% (84)

8. Please rate each of the following characteristics as they relate to older adults in your community.

Characteristic	Excellent	Good	Fair	Poor
Ease of travel by public transportation in your community	6% (25)	23% (106)	19% (88)	52% (241)
Ease of travel by car in your community	29% (157)	54% (287)	16% (84)	1% (7)
Ease of walking in your community	15% (79)	39% (201)	27% (141)	19% (100)
Ease of getting to the places you usually have to visit	17% (90)	50% (267)	24% (125)	9% (49)
Opportunities to build work skills	7% (24)	21% (77)	36% (131)	36% (131)
Quality of employment opportunities for older adults	3% (9)	24% (88)	29% (108)	44% (160)
Variety of employment opportunities for older adults	5% (19)	20% (75)	29% (105)	46% (166)
Cost of living in your community	8% (37)	31% (155)	47% (230)	15% (73)
Availability of affordable quality food	12% (62)	36% (190)	32% (170)	20% (105)
Availability of affordable quality housing	7% (34)	29% (134)	42% (196)	22% (101)
Variety of housing options	9% (42)	23% (104)	42% (187)	26% (116)
Availability of accessible housing (e.g., homes with a no step entry, single-floor living, wide hallways and doorways)	5% (18)	19% (76)	36% (141)	41% (162)
Availability of mixed-use neighborhoods where people live close to places where they can eat, shop, work, and receive services	4% (18)	17% (84)	34% (169)	46% (229)
Public places where people want to spend time	3% (16)	21% (103)	43% (213)	33% (161)

Characteristic	Excellent	Good	Fair	Poor
Availability of information about resources for older adults	2% (7)	27% (115)	30% (129)	42% (182)
Availability of financial or legal planning services	6% (23)	33% (132)	33% (134)	29% (117)
Availability of long-term care options	9% (39)	30% (134)	32% (142)	29% (131)
Availability of daytime care options for older adults	3% (10)	12% (39)	39% (126)	46% (150)
Availability of affordable quality physical health care	7% (30)	26% (116)	44% (194)	23% (99)
Availability of affordable quality mental health care	5% (19)	22% (79)	39% (139)	34% (121)
Availability of preventive health services (e.g., health screenings, flu shots, educational workshops)	10% (49)	35% (171)	43% (205)	12% (57)
Recreation opportunities (including games, arts, library services, etc.)	8% (37)	33% (162)	35% (173)	24% (118)
Fitness opportunities (including exercise classes and paths or trails, etc.)	12% (56)	32% (150)	35% (168)	21% (101)
Opportunities participate in community matters	4% (17)	36% (152)	39% (168)	21% (90)
Opportunities to volunteer	15% (60)	38% (158)	30% (126)	17% (71)
Opportunities to enroll in skill-building or personal enrichment classes	5% (15)	18% (59)	35% (117)	43% (146)
Opportunities to attend social events or activities	10% (43)	30% (133)	32% (143)	29% (129)
Opportunities to attend religious or spiritual activities	27% (124)	40% (188)	24% (113)	9% (40)
Openness and acceptance of the community towards older residents of diverse backgrounds	6% (25)	35% (141)	37% (150)	23% (92)
Making all residents feel welcome	7% (33)	39% (180)	37% (168)	17% (80)

Characteristic	Excellent	Good	Fair	Poor
Valuing older residents in your community	8% (35)	29% (126)	39% (168)	24% (102)
Neighborliness of your community	9% (43)	34% (166)	39% (191)	19% (92)

9. Older adults may or may not face a number of challenges. Thinking back over the last 12 months, how much of a problem, if at all, have each of the following been for you?

Characteristic	Not a problem	Minor problem	Moderate problem	Major problem
Having enough money to meet daily expenses	45% (239)	23% (123)	21% (110)	11% (58)
Having enough money to pay your property taxes	66% (305)	16% (77)	12% (56)	6% (27)
Having housing to suit your needs	65% (337)	11% (58)	14% (74)	9% (48)
Doing heavy or intense housework	27% (138)	30% (156)	24% (126)	19% (98)
Maintaining your home	37% (188)	24% (124)	24% (124)	15% (75)
Maintaining your yard	43% (218)	21% (108)	18% (90)	18% (93)
Having safe and affordable transportation available	60% (294)	13% (65)	18% (87)	9% (46)
No longer being able to drive	75% (348)	7% (33)	5% (25)	12% (56)
Finding work in retirement	52% (174)	18% (59)	18% (61)	12% (38)
Building skills for paid or unpaid work	46% (139)	15% (45)	26% (77)	13% (39)
Having adequate information or dealing with public programs such as Social Security, Medicare, and Medicaid	37% (182)	27% (132)	23% (113)	13% (66)
Not knowing what services are available to older adults in your community	21% (100)	28% (135)	30% (145)	21% (101)
Your physical health	30% (158)	33% (175)	21% (109)	17% (90)
Falling or injuring yourself in your home	53% (278)	23% (120)	17% (90)	7% (36)

Characteristic	Not a problem	Minor problem	Moderate problem	Major problem
Finding affordable health insurance	50% (253)	18% (91)	19% (97)	14% (70)
Getting the health care you need	60% (308)	19% (98)	14% (70)	7% (38)
Getting the oral health care you need	57% (300)	15% (77)	16% (86)	12% (62)
Getting the vision care you need	60% (318)	15% (80)	17% (88)	8% (43)
Affording the medications you need	56% (292)	18% (94)	14% (74)	12% (66)
Staying physically fit	31% (163)	30% (157)	22% (118)	17% (89)
Maintaining a healthy diet	41% (217)	30% (160)	18% (98)	11% (60)
Having enough food to eat	71% (377)	13% (69)	11% (59)	5% (26)
Experiencing confusion or forgetfulness	62% (327)	22% (114)	12% (65)	4% (20)
Feeling depressed	57% (298)	24% (126)	16% (86)	3% (16)
Feeling bored	50% (265)	27% (142)	17% (91)	6% (30)
Having friends or family you can rely on	68% (361)	17% (91)	11% (57)	5% (26)
Feeling lonely or isolated	57% (298)	23% (121)	13% (68)	7% (35)
Dealing with the loss of a close family member or friend	58% (305)	19% (102)	13% (66)	10% (54)
Being a victim of crime	86% (437)	7% (34)	4% (22)	3% (15)
Being a victim of fraud or a scam	74% (374)	15% (77)	6% (29)	5% (26)

Characteristic	Not a problem	Minor problem	Moderate problem	Major problem
Being physically or emotionally abused	88% (453)	5% (25)	3% (14)	4% (22)
Being treated unfairly or discriminated against because of your age	79% (402)	14% (73)	5% (26)	2% (10)
Feeling like you don't fit in or belong	63% (332)	22% (118)	12% (63)	3% (13)
Feeling like your voice is heard in the community	50% (231)	23% (106)	19% (86)	8% (39)
Feeling PHYSICALLY burdened by providing care for another person	71% (358)	13% (66)	13% (63)	3% (13)
Feeling EMOTIONALLY burdened by providing care for another person	69% (354)	15% (79)	13% (64)	3% (14)
Feeling FINANCIALLY burdened by providing care for another person	76% (385)	13% (65)	10% (48)	2% (9)

10. Thinking back over the past 12 months, how much time did you spend in each of the following?

Characteristic	0 days	1-2 days	3-5 days	6 or more days
As a patient in a hospital	74% (394)	11% (60)	6% (29)	9% (50)
In a long-term care facility (including nursing home or in-patient rehabilitation facility)	95% (501)	1% (7)	1% (3)	3% (17)

11. Thinking back over the past 12 months, how many times have you fallen and injured yourself?

Answer Choice	Percent
Never	57% (311)
1 to 2 times	38% (205)
3 to 5 times	3% (18)
More than 5 times	2% (9)

12. Please indicate whether or not you have done each of the following in the last 12 months.

Characteristic	No	Yes
Attended a local public meeting (of local elected officials like City Council or County Commissioners, advisory boards, town halls, HOA, neighborhood watch, etc.)	80% (436)	20% (107)
Watched (online or on television) a local public meeting	79% (425)	21% (114)
Voted in your most recent local election	20% (106)	80% (434)
Participated in a civic group (including Elks, Kiwanis, Masons, etc.)	84% (452)	16% (88)
Used a senior center in your community	91% (490)	9% (46)
Used a public library in your community	61% (331)	39% (207)
Used a recreation center in your community	79% (431)	21% (113)
Participated in a recreation program or group activity	73% (395)	27% (149)
Participated in religious or spiritual activities with others	45% (246)	55% (295)
Participated in a club (including book, dance, game, and other social)	75% (407)	25% (135)

13. During a typical week, how many hours do you spend:

Characteristic	Never	1 to 3 hours	4 to 5 hours	6 to 10 hours	11 to 19 hours	20 or more hours
Assisting friends, relatives, or neighbors	26% (135)	44% (231)	13% (68)	8% (44)	2% (11)	6% (33)
Volunteering your time	59% (305)	25% (132)	5% (24)	7% (35)	3% (15)	2% (8)
Talking or visiting with friends/family	4% (19)	37% (197)	30% (162)	13% (70)	7% (35)	10% (52)
Providing care to someone age 55+	60% (321)	19% (103)	3% (13)	4% (23)	3% (15)	12% (63)
Providing care to someone age 18 to 54	86% (461)	7% (37)	2% (12)	2% (12)	1% (3)	2% (10)
Providing care someone under age 18	74% (398)	12% (66)	5% (26)	4% (23)	2% (10)	3% (17)

14. In general, how many times do you:

Not including don't know

Characteristic	Several times a day	Once a day	A few times a week	Every few weeks	Less often or never
Access the internet from your home using a computer, laptop, or tablet computer	55% (280)	10% (51)	7% (37)	4% (22)	24% (123)
Access the internet from your cell phone	49% (241)	9% (44)	10% (49)	1% (7)	31% (155)
Visit social media sites such as Facebook, Twitter, Nextdoor, etc.	46% (239)	12% (65)	7% (39)	3% (16)	31% (165)
Use or check email	45% (227)	23% (115)	10% (51)	4% (20)	19% (96)
Share your opinions online	13% (64)	4% (19)	11% (57)	13% (68)	59% (299)
Shop online	6% (32)	1% (5)	12% (58)	33% (163)	48% (240)

15. How many years have you lived in your community?

Answer Choice	Percent
Less than 2 years	6% (34)
2-5 years	10% (53)
6-10 years	7% (41)
11-20 years	10% (55)

Answer Choice	Percent
More than 20 years	67% (362)

16. Which best describes the building you live in?

Not including don't know

Answer Choice	Percent
Single family home	63% (342)
Townhouse, condominium, duplex, or apartment	24% (131)
Mobile home	10% (56)
Assisted living residence	2% (11)
Nursing home	0% (0)
Other	1% (6)

17. Do you rent or own your home?

Answer Choice	Percent
Rent	20% (107)
Own (with a mortgage payment)	31% (168)
Own (free and clear; no mortgage)	50% (271)

18. About how much is your monthly housing cost for the place you live (including rent, mortgage payment, property tax, property insurance, and homeowners' association (HOA) fees)?

Not including don't know

Answer Choice	Percent
Less than \$300 per month	24% (127)
\$300 to \$599 per month	34% (178)
\$600 to \$999 per month	26% (138)
\$1,000 to \$1,499 per month	10% (53)
\$1,500 to \$2,499 per month	3% (16)
\$2,500 or more per month	2% (11)

19. How many people, including yourself, live in your household?

Answer Choice	Percent
1 person (live alone)	45% (248)
2 people	48% (263)
3 people	4% (24)
4 or more people	2% (11)

20. How many of these people, including yourself, are 65 or older?

Not including don't know

Answer Choice	Percent
1 person	66% (298)
2 people	34% (152)
3 people	0% (0)
4 or more people	0% (1)

21. What is your employment status?

Answer Choice	Percent
Fully retired	76% (400)
Working full time for pay	12% (62)
Working part time for pay	11% (55)
Unemployed, looking for paid work	1% (7)

22. At what age do you expect to retire completely and not work for pay at all? (Please enter a whole number.)

Answer Choice	
110	62
65	65
65	66
66 and 4 months	67
67	67
67	67
67 6	68
70	70
70	70
70	75
75	75
75	80
85	90
don't know	never as long as physically and emotionally healthy
when i can no longer work	When I die

23. How much do you anticipate your household's total income before taxes will be for the current year? (Please include in your total income money from all sources for all persons living in your household.)

Not including don't know

Answer Choice	Percent
Less than \$15,000	16% (78)
\$15,000 to \$24,999	25% (123)
\$25,000 to \$49,999	31% (151)
\$50,000 to \$74,999	17% (85)
\$75,000 to \$99,999	6% (30)
\$100,000 or more	4% (20)

24. Are you Spanish, Hispanic, or Latino?

Answer Choice	Percent
No, not of Hispanic, Latino/a/x, or Spanish origin	99% (541)
Yes, I consider myself to be of Hispanic, Latino/a/x, or Spanish origin	1% (3)

25. What is your race? (Mark one or more races to indicate what race you consider yourself to be.)

Answer Choice	Percent
American Indian or Alaska Native	1% (6)
Asian	0% (0)
Black or African American	4% (20)
Native Hawaiian or Other Pacific Islander	0% (0)
White	94% (516)
A race not listed	1% (5)

26. In which category is your age?

Not including don't know

Answer Choice	Percent
50-54 years	0% (1)
55-59 years	1% (3)
60-64 years	25% (134)
65-69 years	26% (138)
70-74 years	17% (94)
75-79 years	12% (62)
80-84 years	11% (58)
85-89 years	7% (37)
90-94 years	2% (10)
95 years or older	1% (4)

27. What is your sex?

Answer Choice	Percent
Woman	55% (295)
Man	45% (241)

Answer Choice	Percent
Identify in another way	0% (2)

28. What is your sexual orientation?

Answer Choice	Percent
Heterosexual	96% (464)
Lesbian	0% (2)
Gay	0% (0)
Bisexual	1% (5)
Identify in another way	3% (13)

Section 17: National Benchmark Comparisons

e=>`Rated characteristics are eligible for trend and benchmark comparisons. For trends, the characteristic must have been asked in a prior survey, and to be statistically significant the difference between the last measurement and current measurements must be at least \${\$i(e)}\$ percentage points. All characteristics should have benchmarks, and to be statistically significant (more/less favorable), the difference must be at least 10 points. To be much more favorable/unfavorable, difference must be at least 20 points.

Demographic questions aren't eligible for trend and benchmark comparisons. Though all survey questions are listed in this section, demographic questions are noted as not having trends or benchmarks.`

1. Please rate each of the following aspects of quality of life in your community.

Percent positive is the percentage of responses that rated the characteristic as: "Excellent" or "Good"

Characteristic	% positive	National Benchmark	Rank	# of Compared Communities
Your community as a place to live	68	v	207	232
Your neighborhood as a place to live	79	_	131	190
Your community as a place to retire	55	-	180	232
Sense of community in your community	53	_	163	232
The overall quality of life in your community	62	v	164	190

2. Please rate each of the following characteristics as they relate to your community as a whole.

Percent positive is the percentage of responses that rated the characteristic as: "Excellent" or "Good"

Characteristic	% positive	National Benchmark	Rank	# of Compared Communities
Overall economic health of your community	41	·	164	190
Overall quality of the transportation system (auto, bicycle, foot, bus) in your community	47	·	163	190
Overall design or layout of your community's residential and commercial areas (e.g., homes, buildings, streets, parks, etc.)	49	-	147	190
Overall quality of the utility infrastructure in your community (water, sewer, storm water, electric, gas)	57	-	57	75
Overall feeling of safety in your community	65	-	187	232
Overall quality of natural environment in your community	59	·	171	190
Overall quality of parks and recreation opportunities	55	·	65	75
Overall health and wellness opportunities in your community	46	·	176	190
Overall opportunities for education, culture, and the arts	43	·	174	190
Residents' connection and engagement with their community	38	-	66	75

3. How would you rate the overall services provided to older adults in your community?

Percent positive is the percentage of responses that rated the characteristic as: "Excellent" or "Good"

Characteristic	% positive	National Benchmark	Rank	# of Compared Communities
How would you rate the overall services provided to older adults in your community?	34	v	73	80

4. Please indicate how likely or unlikely you are to do each of the following.

Percent positive is the percentage of responses that rated the characteristic as: "Very likely" or "Somewhat likely"

Characteristic	% likely	National Benchmark	Rank	# of Compared Communities
Recommend living in your community to older adults	69	·	203	232
Remain in your community throughout your retirement	81	-	54	80

5. In general, how informed or uninformed do you feel about services and activities available to older adults in your community?

Percent positive is the percentage of responses that rated the characteristic as: "Very informed" or "Somewhat informed"

Characteristic	% informed	National Benchmark	Rank	# of Compared Communities
In general, how informed or uninformed do you feel about services and activities available to older adults in your community?	56	-	_	_

6. Please rate the quality of each of the following.

Percent positive is the percentage of responses that rated the characteristic as: "Excellent" or "Good"

Characteristic	% positive	National Benchmark	Rank	# of Compared Communities
Your overall physical health	56	v	226	231
Your overall mental health/emotional wellbeing	75	_	69	80
Your overall quality of life	73	-	67	80

7. What impact, if any, do you think the economy will have on your family income in the next 6 months? Do you think the impact will be:

Percent positive is the percentage of responses that rated the characteristic as: "Very positive" or "Somewhat positive"

Characteristic	% positive	National Benchmark	Rank	# of Compared Communities
What impact, if any, do you think the economy will have on your family income in the next 6 months? Do you think the impact will be:	16	v	184	190

8. Please rate each of the following characteristics as they relate to older adults in your community.

Percent positive is the percentage of responses that rated the characteristic as: "Excellent" or "Good"

Characteristic	% positive	National Benchmark	Rank	# of Compared Communities
Ease of travel by public transportation in your community	29	-	150	217
Ease of travel by car in your community	83	Ŷ	26	232
Ease of walking in your community	54	-	173	232
Ease of getting to the places you usually have to visit	67	-	30	40
Opportunities to build work skills	28	-	32	38
Quality of employment opportunities for older adults	27	·	194	231
Variety of employment opportunities for older adults	26	-	24	38
Cost of living in your community	39	-	93	232
Availability of affordable quality food	48	·	202	227
Availability of affordable quality housing	36	-	89	231
Variety of housing options	33	-	151	231
Availability of accessible housing (e.g., homes with a no step entry, single-floor living, wide hallways and doorways)	24	-	32	38

Characteristic	% positive	National Benchmark	Rank	# of Compared Communities
Availability of mixed-use neighborhoods where people live close to places where they can eat, shop, work, and receive services	20	-	32	38
Public places where people want to spend time	24	*	182	189
Availability of information about resources for older adults	28	-	66	80
Availability of financial or legal planning services	38	-	42	80
Availability of long-term care options	39	-	36	80
Availability of daytime care options for older adults	15	-	63	80
Availability of affordable quality physical health care	33	v	202	226
Availability of affordable quality mental health care	27	-	165	225
Availability of preventive health services (e.g., health screenings, flu shots, educational workshops)	46	-	183	224
Recreation opportunities (including games, arts, library services, etc.)	41	v	217	230
Fitness opportunities (including exercise classes and paths or trails, etc.)	43	v	210	229
Opportunities participate in community matters	40	v	217	230
Opportunities to volunteer	53	·	103	117
Opportunities to enroll in skill-building or personal enrichment classes	22	·	68	80

Characteristic	% positive	National Benchmark	Rank	# of Compared Communities
Opportunities to attend social events or activities	39	v	218	230
Opportunities to attend religious or spiritual activities	67	-	73	80
Openness and acceptance of the community towards older residents of diverse backgrounds	41	·	225	232
Making all residents feel welcome	46	·	61	75
Valuing older residents in your community	37	-	72	80
Neighborliness of your community	42	-	105	116

9. Older adults may or may not face a number of challenges. Thinking back over the last 12 months, how much of a problem, if at all, have each of the following been for you?

Percent positive is the percentage of responses that rated the characteristic as: "Minor problem", "Moderate problem", or "Major problem"

Characteristic	% problematic	National Benchmark	Rank	# of Compared Communities
Having enough money to meet daily expenses	45	v	74	80
Having enough money to pay your property taxes	66	-	68	80
Having housing to suit your needs	65	v	73	80
Doing heavy or intense housework	27	·	73	80
Maintaining your home	37	v	72	80
Maintaining your yard	43	v	74	80
Having safe and affordable transportation available	60	-	60	80
No longer being able to drive	75	-	66	79
Finding work in retirement	52	·	76	80
Building skills for paid or unpaid work	46	·	75	79
Having adequate information or dealing with public programs such as Social Security, Medicare, and Medicaid	37	v	72	80
Not knowing what services are available to older adults in your community	21	v	70	80

Characteristic	% problematic	National Benchmark	Rank	# of Compared Communities
Your physical health	30	v	76	80
Falling or injuring yourself in your home	53	v	78	80
Finding affordable health insurance	50	-	72	80
Getting the health care you need	60	-	58	80
Getting the oral health care you need	57	v	72	80
Getting the vision care you need	60	v	74	80
Affording the medications you need	56	-	72	80
Staying physically fit	31	v	72	80
Maintaining a healthy diet	41	v	71	80
Having enough food to eat	71	v	76	79
Experiencing confusion or forgetfulness	62	-	56	80
Feeling depressed	57	-	51	80
Feeling bored	50	-	66	80
Having friends or family you can rely on	68	-	39	80

Characteristic	% problematic	National Benchmark	Rank	# of Compared Communities
Feeling lonely or isolated	57	-	63	79
Dealing with the loss of a close family member or friend	58	-	45	80
Being a victim of crime	86	-	46	78
Being a victim of fraud or a scam	74	-	68	80
Being physically or emotionally abused	88	-	67	78
Being treated unfairly or discriminated against because of your age	79	-	23	38
Feeling like you don't fit in or belong	63	-	29	38
Feeling like your voice is heard in the community	50	-	39	80
Feeling PHYSICALLY burdened by providing care for another person	71	-	69	80
Feeling EMOTIONALLY burdened by providing care for another person	69	-	62	80
Feeling FINANCIALLY burdened by providing care for another person	76	-	70	80

10. Thinking back over the past 12 months, how much time did you spend in each of the following?

Percent positive is the percentage of responses that rated the characteristic as: "1-2 days", "3-5 days", or "6 or more days"

Characteristic	% of respondents	National Benchmark	Rank	# of Compared Communities
As a patient in a hospital	26	-	15	80
In a long-term care facility (including nursing home or in- patient rehabilitation facility)	5	-	14	65

11. Thinking back over the past 12 months, how many times have you fallen and injured yourself?

Percent positive is the percentage of responses that rated the characteristic as: "1 to 2 times", "3 to 5 times", or "More than 5 times"

Characteristic	% of respondents	National Benchmark	Rank	# of Compared Communities
Thinking back over the past 12 months, how many times have you fallen and injured yourself?	43	_	9	80

12. Please indicate whether or not you have done each of the following in the last 12 months.

Percent positive is the percentage of responses that rated the characteristic as: "Yes"

Characteristic	% yes	National Benchmark	Rank	# of Compared Communities
Attended a local public meeting (of local elected officials like City Council or County Commissioners, advisory boards, town halls, HOA, neighborhood watch, etc.)	20	_	158	231
Watched (online or on television) a local public meeting	21	-	31	79
Voted in your most recent local election	80	-	46	74
Participated in a civic group (including Elks, Kiwanis, Masons, etc.)	16	-	17	80
Used a senior center in your community	9	-	71	78
Used a public library in your community	39	v	72	80
Used a recreation center in your community	21	_	61	80
Participated in a recreation program or group activity	27	_	53	80
Participated in religious or spiritual activities with others	55	_	31	80
Participated in a club (including book, dance, game, and other social)	25	-	56	80

13. During a typical week, how many hours do you spend:

Percent positive is the percentage of responses that rated the characteristic as: "1 to 3 hours", "4 to 5 hours", "6 to 10 hours", "11 to 19 hours", or "20 or more hours"

Characteristic	% of respondents	National Benchmark	Rank	# of Compared Communities
Assisting friends, relatives, or neighbors	74	-	66	80
Volunteering your time	41	_	42	80
Talking or visiting with friends/family	96	_	28	80
Providing care to someone age 55+	40	-	15	80
Providing care to someone age 18 to 54	14	-	41	80
Providing care someone under age 18	26	-	7	79

14. In general, how many times do you:

Percent positive is the percentage of responses that rated the characteristic as: "Several times a day", "Once a day", or "A few times a week"

Characteristic	% of respondents	National Benchmark	Rank	# of Compared Communities
Access the internet from your home using a computer, laptop, or tablet computer	72	v	64	75
Access the internet from your cell phone	67	-	60	75
Visit social media sites such as Facebook, Twitter, Nextdoor, etc.	65	_	34	75
Use or check email	77	-	67	75
Share your opinions online	28	-	23	75
Shop online	19	v	65	75

15. How many years have you lived in your community?

Percent positive, trends, and benchmarks do not apply to this question

16. Which best describes the building you live in?

Percent positive, trends, and benchmarks do not apply to this question

17. Do you rent or own your home?

Percent positive, trends, and benchmarks do not apply to this question

18. About how much is your monthly housing cost for the place you live (including rent, mortgage payment, property tax, property insurance, and homeowners' association (HOA) fees)?

Percent positive, trends, and benchmarks do not apply to this question

19. How many people, including yourself, live in your household?

Percent positive, trends, and benchmarks do not apply to this question

20. How many of these people, including yourself, are 65 or older?

Percent positive, trends, and benchmarks do not apply to this question

21. What is your employment status?

Percent positive, trends, and benchmarks do not apply to this question

23. How much do you anticipate your household's total income before taxes will be for the current year? (Please include in your total income money from all sources for all persons living in your household.)

Percent positive, trends, and benchmarks do not apply to this question

24. Are you Spanish, Hispanic, or Latino?

Percent positive, trends, and benchmarks do not apply to this question

25. What is your race? (Mark one or more races to indicate what race you consider yourself to be.)

Percent positive, trends, and benchmarks do not apply to this question

26. In which category is your age?

Percent positive, trends, and benchmarks do not apply to this question

27. What is your sex?

Percent positive, trends, and benchmarks do not apply to this question

28. What is your sexual orientation?

Percent positive, trends, and benchmarks do not apply to this question

Section 18: Methods

Methods

About the Community Assessment Survey for Older Adults (CASOA)™ The Community Assessment Survey for Older Adults (CASOA)™ was developed by National Research Center at Polco (NRC) to provide an accurate, affordable and easy way to assess and interpret the experience of older adults in the community. The CASOA™ survey instrument and its administration are standardized to assure high-quality survey methods and comparable results across CASOA communities. The CASOA was customized for LifeStream Services - Area 6 to reflect the correct local age definition of older adults and to use official LifeStream Services - Area 6 graphics, contact information and signatures on survey invitation mailing materials. LifeStream Services - Area 6 sponsored and funded this research. Please contact Mandy Williams of LifeStream Services - Area 6 at mwilliams@lifestreaminc.org if you have any questions about the survey.

Questionnaire Development

The CASOA questionnaire contains many questions related to the life of older residents in the community. The instrument includes questions related to overall quality of life, characteristics of the community, perceptions of safety, and many different needs common to older adults.

The questionnaire grew from a synthesis of numerous data collection processes, including a national search of needs assessments conducted by communities across the United States, a review of the literature on aging, and numerous surveys and large-scale needs assessments conducted by NRC. A blue-ribbon panel of national experts contributed to the concept and content of CASOA.

The items in the questionnaire were pilot tested on older adult residents using a "think-aloud" method in which older adults were asked to complete the survey and describe their thought processes related to specific questions and question sets. The results of the pilot test were used to alter the questionnaire

for better understanding by senior participants. The final questionnaire was tested in a set of diverse U.S. communities and modifications again were made as necessary.

Random (Probability) Sample Survey

Selecting Survey Recipients

One of the first steps taken to ensure survey results are representative of the target population is to use a source from which survey recipients are selected that provides adequate to good coverage of the target population. This source is referred to as the sampling frame.

The target population for this survey was residents age 60 years or older in households within LifeStream Services - Area 6 boundaries.

Since it would be cost prohibitive to survey every person age 60 years or older in LifeStream Services - Area 6, a random selection of records from the sampling frame was made. This process can be illustrated using an example that may be familiar from a math or statistics class of a jar of marbles of various colors. If the jar has two-thirds red marbles and one-third blue marbles, a random selection of marbles from that jar should result in a similar proportion (although perhaps not identical) of red and blue marbles as in the original jar.

The sampling frame used for this survey was a list of households with a high likelihood of having a resident age 60 years or older within LifeStream Services - Area 6 from Marketing Systems Group. These lists, compiled by sampling and marketing firms based on data from multiple sources (such as warranty information, voting lists, and more), provide fairly complete coverage of all members of the target population. The sampling for this AAA was part of an overall statewide sampling plan. Older adult households were selected randomly, but the selection was stratified by AAA and county to engender robust response at each reporting level (State, AAA and subarea when needed). As would happen randomly (i.e., proportionally), more households were selected in larger population areas than smaller ones, but a minimum of 2,700 households were mailed to in each AAA. Additionally, some of the AAAs (including this one) with additional reporting needs funded mailing to additional households in their areas.

Data Collection

Each randomly selected household received two mailings, about one week apart, beginning on October, 22, 2021. The first mailing was a prenotification postcard announcing the upcoming survey. This half-sheet postcard included a URL so that recipients could immediately go online to complete the survey if they wished. The second mailing contained a letter from the President and CEO inviting the household to participate, a printed questionnaire and a postage-paid return envelope. The survey was available in English. At the end of November 2021, response levels for each AAA were reviewed and a second sample of 15,000 additional addresses statewide were selected to be sent a paper survey to augment low response in some areas. This mailing was sent in the first week of December and data collection was extended to January 14th. This increased the overall Statewide sample size from 70,097 households to 85,097 total households (as reflected in the response rate calculations). Completed surveys were collected over the following 12 weeks.

About 255 (3%) of the 7363 surveys mailed were returned because the housing unit was vacant or the postal service was unable to deliver the survey as addressed. Of the remaining households that received the survey, 543 completed the survey, providing an overall response rate of 7.36. Of the total surveys received, 443 were completed using the hard copy surveys while 80 were submitted online. Response rates are calculated using AAPOR's response rate #2¹ for mailed surveys of unnamed persons.

Open Participation Survey

In addition to the random sample "probability" survey described above, an open participation survey was conducted, in which all older adults age 60 years or older were invited to participate. The open participation survey instrument was identical to the probability sample survey. This survey was conducted entirely online. For the open participation survey a single URL was provided to contacts from the State of Indiana and each AAA to share with constituents through email lists, social media accounts, service settings and community partners. The URL directed community members to a short survey where they indicated their geographic location and were directed to the survey for the appropriate AAA. conducted all outreach, after receiving guidance on best practices for conducting such outreach from Polco. This guidance suggested the use of social media, press releases, newsletters and e-newsletters, existing resident email lists, printed materials, and invitations publicized at local and

virtual meetings. This survey became available to all residents on 10/22/21 and remained open until 1/14/2022. A total of 20 surveys were completed by open participation survey respondents.

Analysis and Reporting

Confidence Intervals

It is customary to describe the precision of estimates made from probability surveys by a "level of confidence" and accompanying "confidence interval" (or margin of error). A traditional level of confidence, and the one used here, is 95%. The 95% confidence interval can be any size and quantifies the sampling error or imprecision of the survey results because some residents 'opinions are relied on to estimate all residents 'opinions.²

The margin of error for LifeStream Services - Area 6 survey is no greater than plus or minus 4.29 percentage points around any given percent reported for all probability survey respondents (523). For subgroups of responses, the margin of error increases because the number of respondents for each subgroup is smaller. For subgroups of approximately 100 respondents, the margin of error is plus or minus 10 percentage points.

The open participation survey results were combined with responses from the probability sample survey, for a total of 543 completed surveys. With the inclusion of the open participation survey participants, it is likely that the precision of the responses would be even greater (and thus the margin of error smaller).

Survey Processing (Data Entry)

Upon receipt, completed hard copy surveys were assigned a unique identification number. Additionally, each survey was reviewed and "cleaned" as necessary. An example of cleaning would be if a question asked a respondent

to pick two items out of a list of five, but the respondent checked three; in this case, NRC would use protocols to randomly choose two of the three selected items for inclusion in the dataset.

All surveys then were entered twice into an electronic dataset; any discrepancies were resolved in comparison to the original survey form. Range checks as well as other forms of quality control were also performed.

The online survey data was collected on Polco, an online civic engagement platform. Use of Polco means all collected data are entered into the dataset immediately when the respondents submit the surveys. Skip patterns are programmed into the system so respondents are automatically directed to the appropriate question (skipping irrelevant questions, when applicable) based on the individual responses given.

A series of quality control checks were also performed in order to ensure the integrity of the web data. Steps may include (and are not limited to) reviewing the data for clusters of repeat IP addresses and time stamps (indicating duplicate responses) and removing empty submissions (questionnaires submitted with no questions answered).

Survey Data Weighting

The primary objective of weighting survey data is to make the survey sample reflective of the larger population of LifeStream Services - Area 6. The characteristics used for weighting were age, sex, race, Hispanic origin, housing type, rent or own home, and area. No adjustments were made for design effects.

Weights were calculated using an iterative, multiplicative raking model known as the ANES Weighting Algorithm. The results of the weighting scheme are presented in the following table.

Weighting Scheme for the 2021 LifeStream Services - Area 6 CASOA

Demographic Group	Unweighted	Weighted	Population Target
Rent or Own Home			
Rent	12.40%	19.60%	17.40%
Own	87.60%	80.40%	82.60%
Housing Type			
Detached	83.70%	63.40%	48.50%
Attached	16.30%	36.60%	51.50%
Race			
White	92.80%	94.40%	94.80%
Not white	7.20%	5.60%	5.20%
Ethnicity			
Hispanic	0.60%	0.50%	0.70%
Not Hispanic	99.40%	99.50%	99.30%
Gender			
Female	62.40%	55%	54.80%
Male	37.60%	45%	45.20%
Age			
Age 60 to 64	11.10%	25.90%	26.90%
Age 65 to 74	43.80%	42.20%	41.30%
Age 75 and over	45.10%	31.90%	31.80%
Gender and Age			
Female 60 to 64	6.20%	11.10%	13.60%
Female 65 to 74	27.20%	23.20%	22.20%
Female 75 and over	29%	20.70%	19%
Male 60 to 64	4.60%	14%	13.30%

Male 65 to 74	16.80%	19.40%	19.10%
Male 75 and over	16.2%	11.6%	12.8%

Reporting

For the most part, the percentages presented in the reports represent the "percent positive." The percent positive is the combination of the top two most positive response options (i.e., excellent and good, very safe and somewhat safe, essential and very important, etc.), or, in the case of resident behaviors/participation, the percent positive represents the proportion of respondents indicating yes or participating in an activity at least once a month.

On many of the questions in the survey respondents may answer don't know. The proportion of respondents giving this reply is shown in the full set of responses included in Responses. However, these responses have been removed from the analyses presented in the main body of the report. In other words, the tables and graphs display the responses from respondents who had an opinion about a specific item.

Multiple Response Questions

For some questions, respondents were permitted to select multiple responses. When the total exceeds 100% in a table for a multiple response question, it is because some respondents are counted in multiple categories.

Rounding

Excluding the Participants tab, percentages shown are rounded to the nearest whole number. This can sometimes mean that the percent of responses across all the possible response categories may sum to something other than exactly 100%. It also means that in some instances, the "percent positive," "percent problem," or other summaries of data may not equal the rounded percentages of the two categories. For example, if 30.4% of respondents rated quality of life as excellent, and 20.4% of respondents rated it as good, a display of all the responses will show 30% excellent and 20% good. However, a display of the percent rating quality of life as excellent or good will show 51% (as 30.4% + 20.4% equals 50.8%, which rounds to 51%).

Making Comparisons to Benchmarks

National Research Center at Polco has developed a database that collates responses to CASOA and related surveys administered in other communities, which allows the results from LifeStream Services - Area 6 to be compared against a set of national benchmarks. This benchmarking database includes responses from more than 35,000 older adults (age 55 and over) in over 322 communities across the nation.

Ratings are compared when similar questions are included in Polco's database, and there are at least five other communities in which the question was asked. Where comparisons for ratings were available, LifeStream Services - Area 6's results are shown as being more favorable than the benchmark, less favorable than the benchmark or similar to the benchmark. In instances where ratings are considerably more or less favorable than the benchmark, these ratings have been further demarcated by the attribute of "much," (for example, much more favorable or much less favorable).

Reporting Statistical Significance

For the crosstabs of survey results by selected respondent characteristic, chisquare or ANOVA (Analysis of Variance) tests of significance were applied to these breakdowns of selected survey questions. A p-value of 0.05 or less indicates that there is less than a 5% probability that differences observed between groups are due to chance; or in other words, a greater than 95% probability that the differences observed in the selected categories of the sample represent "real" differences among those populations. However, it should be noted that while these tests of statistical significance were used to help guide readers and policy makers to differences that are likely not due to chance alone, these types of probabilistic inferences were designed for use when results come from random sampling alone (for more information, see Hirschauer, N., Gruner, S., Mußhoff, O., Becker, C., & Jantsch, A. (2020). Can p-values be meaningfully interpreted without random sampling? Statistics Surveys, 14, 71-91).

Community Readiness Scores

The community readiness scores presented in Community Readiness represents the average of the questions included in the index. Although the evaluative or frequency questions were made on 4- or 5- point scales, with 1 representing the best rating, the scales had different labels (e.g., excellent, very

likely). To calculate these average scores, the questions used in the index were converted to a common scale where 0 is the worst possible rating and 100 is the best possible rating. If everyone answered excellent, then the result would be 100 on the 0-100 scale. If the average rating for quality of life was right in the middle of the scale (halfway between good and fair), then the result would be 50. This scale can be thought of like the thermometer that is often used to illustrate total donations received by charitable organizations—the higher the thermometer reading, the closer to the goal. In this case, 100 (the top of the thermometer) would represent the most positive response possible. The table below shows the individual questions comprising each summary score for the six dimensions of community readiness, as well as the overall rating for the Quality of the Community.

Dimension of Community Readiness	Items Included in Community Readiness Score
Overall Community Quality	 Your community as a place to live Your neighborhood as a place to live Your community as a place to retire The overall quality of life in your community Recommend living in your
	 community to older adults Remain in your community throughout your retirement
Community Design	 Overall quality of the transportation system (auto, bicycle, foot, bus) in your community Overall design or layout of your community's residential and commercial areas (e.g., homes, buildings, streets, parks, etc.) Overall quality of the utility infrastructure in your community (water, sewer, storm water, electric, gas) Ease of travel by public transportation in your community Ease of travel by car in your community Ease of walking in your community Ease of getting to the places you usually have to visit Availability of affordable quality housing

Variety of housing optionsAvailability of accessible

Dimension of Community Readiness	Items Included in Community Readiness Score
	housing (e.g., homes with a no step entry, single-floor living, wide hallways and doorways) Availability of mixed-use neighborhoods where people live close to places where they can eat, shop, work, and receive services Public places where people want to spend time
Employment and Finances	 Overall economic health of your community Opportunities to build work skills Quality of employment opportunities for older adults Variety of employment opportunities for older adults Cost of living in your community
	 Sense of community in your community Openness and acceptance of the community towards older
Equity and Inclusivity	residents of diverse backgrounds Making all residents feel welcome Valuing older residents in your community Neighborliness of your

community

Dimension o
Community
Readiness

Items Included in Community Readiness Score

- Overall feeling of safety in your community
- Overall quality of natural environment in your community
- Overall health and wellness opportunities in your community
- Availability of affordable quality food
- Availability of long-term care options

Health and Wellness

- Availability of daytime care options for older adults
- Availability of affordable quality physical health care
- Availability of affordable quality mental health care
- Availability of preventive health services (e.g., health screenings, flu shots, educational workshops)
- Fitness opportunities (including exercise classes and paths or trails, etc.)

Information and Assistance

- How would you rate the overall services provided to older adults in your community?
- Availability of information about resources for older adults
- Availability of financial or legal planning services

Dimension of Community Readiness	Items Included in Community Readiness Score
	 Overall quality of parks and recreation opportunities Overall opportunities for education, culture, and the arts Residents' connection and engagement with their community Recreation opportunities (including games, arts, library services, etc.)
Productive Activities	 Opportunities participate in community matters Opportunities to volunteer Opportunities to enroll in skill-building or personal enrichment classes

Needs Summary

Each livability topic covered in the survey includes a summary of needs identified by respondents. For almost all of these needs summaries, a respondent was counted as having a need if they had a major problem or moderate problem with any of the items examined in each score area. The one exception is for the independent living topic; for this needs score, a respondent was counted as having a need if they reported spending any time in a hospital or in a long-term care facility in the last year.

Opportunities to attend social

Opportunities to attend religious

events or activities

or spiritual activities

Needs Score	Items Included in the Score
Caregiving	Any of the following were a major or moderate problem: • Feeling PHYSICALLY burdened by providing care for another person • Feeling EMOTIONALLY burdened by providing care for another person • Feeling FINANCIALLY burdened by providing care for another person
Civic Engagement	Any of the following were a major or moderate problem: • Feeling like your voice is heard in the community
Community Inclusivity	Any of the following were a major or moderate problem: Having friends or family you can rely on Feeling lonely or isolated Feeling like you don't fit in or belong
Employment	Any of the following were a major or moderate problem: • Finding work in retirement • Building skills for paid or unpaid work
Equity	Any of the following were a major or moderate problem: Being treated unfairly or discriminated against because of your age
Finances	Any of the following were a major or moderate problem: • Having enough money to meet daily expenses • Having enough money to pay your property taxes

Needs Score	Items Included in the Score		
Health Care	Any of the following were a major or moderate problem: Finding affordable health insurance Getting the health care you need Getting the oral health care you need Getting the vision care you need Affording the medications you need		
Housing	Any of the following were a major or moderate problem: • Having housing to suit your needs • Doing heavy or intense housework • Maintaining your home • Maintaining your yard		
Independent Living	 Spent one or more days: In a long-term care facility (including nursing home or inpatient rehabilitation facility) As a patient in a hospital 		
Information and Assistance	Any of the following were a major or moderate problem: Having adequate information or dealing with public programs such as Social Security, Medicare, and Medicaid Not knowing what services are available to older adults in your community		

Needs Score	Items Included in the Score		
	Any of the following were a major or		
	moderate problem:		
	 Experiencing confusion or 		
Mental Health	forgetfulness		
	Feeling depressed		
	 Dealing with the loss of a close 		
	family member or friend		
	Any of the following were a major or		
	moderate problem:		
Mobility	 Having safe and affordable 		
	transportation available		
	No longer being able to drive		
	Any of the following were a major or		
	moderate problem:		
	Your physical health		
Physical Health	 Falling or injuring yourself in your 		
1 Hydiodi Hoditii	home		
	Staying physically fit		
	 Maintaining a healthy diet 		
	Having enough food to eat		
	Any of the following were a major or		
	moderate problem:		
Safety	Being a victim of crime		
	 Being a victim of fraud or a scam 		
	Being physically or emotionally abused		
	Any of the following were a major or		
Social Engagement	moderate problem:		
	Feeling bored		

¹See AAPOR's Standard Definitions here: http://www.aapor.org/Standards-

Ethics/Standard-Definitions-(1).aspx for more information

²A 95% confidence interval indicates that for every 100 random samples of this many residents, 95 of the confidence intervals created will include the "true" population response. This theory is applied in practice to mean that the "true" perspective of the target population lies within the confidence interval created for a single survey. For example, if 75% of residents rate a service as excellent or good, then a 4% margin of error (for the 95% confidence interval) indicates that the range of likely responses for the entire community is between 71% and 79%. This source of uncertainty is called sampling error. In addition to sampling error, other sources of error may affect any survey, including the non-response of residents with opinions different from survey responders. Though standardized on CASOA, on other surveys, differences in question wording, order, translation and data entry (as examples) can lead to somewhat varying results.

*Source: U.S. Census Bureau - 2019 American Community Survey 5-year estimates Age, rent or own home, and gender estimates are for those age 60+, while type of housing unit, race and ethnicity are for those age 65+.